

**EVENTS VERSION 10**

Forthcoming Events 2019-2020

**Please call on 02920 416777 to check for additional bookings during the current week and for Outdoor Throws**

Any queries please contact Owen Rodgers on 029 2041 6536 or email orodgers@cardiffmet.ac.uk. Please visit our website for further information: [www.cardiffmet.ac.uk/sportsfacilities](http://www.cardiffmet.ac.uk/sportsfacilities)

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| --- | --- | --- | --- | --- | --- |
| **Date** | Event | **Venue** | **Time** | **Excusive/ Not Exclusive** | **Areas available for training** |
| **08/03/20****SUNDAY** | **VAULT CARDIFF** | **NIAC** | **9:00am – 5:00pm** | **Exclusive** | **Weights****\*** |
|  **14/03/20** **SATURDAY**  | **CARDIFF MET FC FIXTURE** | **NIAC** | **12.00pm – 6.00pm** | **Not Exclusive** | **There will be a barriered off walkway across the 120m track located near pole-vault extension. AREAS NOT AVAILABLE Outdoor Throws High Bar Reduced changing rooms Reduced parking** |
| **22/03/20****SUNDAY** | **TRANSPLANT SPORT EVENT** | **NIAC** | **9.00am – 5.00pm** | **Exclusive** | **Infield Not Available other areas available for training** |
| **28/03/20****SATURDAY** | **CARDIFF MET FC FIXTURE** | **NIAC** | **12.00pm – 6.00pm** | **Not Exclusive** | **As Above** |
| **04/04/20****SATURDAY** | **OPEN DAY** | **NIAC** | **ALL DAY** | **Exclusive** | **Weights****\*** |
| **17/04/20****SATURDAY** | **CARDIFF MET FC FIXTURE** | **NIAC** | **12.00pm – 6.00pm** | **Not Excluisive** | **There will be a barriered off walkway across the 120m track located near pole-vault extension. AREAS NOT AVAILABLE Outdoor Throws High Bar Reduced changing rooms Reduced parking** |
| **22/04/20****WEDNESDAY** | **CARPET-LAYING****FOR UCAS** | **NIAC** | **7.00am –****10.00pm** | **Exclusive** | **\*** |
| **23/04/20****THURSDAY** | **UCAS** **SET-UP** | **NIAC** | **7.00am –****10.00pm** | **Exclusive** | **\*** |
| **24/04/20****FRIDAY** | **UCAS** **EVENT** | **NIAC** | **7.00am –****10.00pm** | **Exclusive** | **\*** |
| **25/04/20****SATURDAY** | **EVENT BREAKDOWN** | **NIAC** | **7.00am –****1.00pm** | **Exclusive** | **Weights****\*** |
| **02/05/20****SATURDAY** | **TANG SOO DO EVENT** | **NIAC** | **9am – 5pm**  | **Exclusive** | **Weights****\*** |
| **09/05/20****SATURDAY** | **TAE KWON DO SET UP** | **NIAC** | **5:00pm – 8:00pm** | **Exclusive** | **Weights****\*** |
| **10/05/20****SUNDAY** | **TAE KWON DO** **EVENT** | **NIAC** | **ALL DAY** | **Exclusive** | **Weights****\*** |
| **15/05/20****FRIDAY** | **MARLBOROUGH PRIMARY SPORTS DAY** | **NIAC** | **9.00am – 3.00pm** | **Exclusive** | **Weights****\*** |
| **21/05/20****THURSDAY** | **MARLBOROUGH PRIMARY SPORTS DAY** | **NIAC** | **9.00am – 12.00pm** | **Exclusive** | **Weights****\*** |
| **22/05/20****FRIDAY** | **HOWELLS SCHOOL SPORTS DAY** | **NIAC** | **12.30pm – 3.30pm** | **Exclusive** | **Weights****\*** |
| **29/05/19****FRIDAY** | **DMT TRAMPOLINE EVENT****SET UP** | **NIAC** | **6:30pm – 10:00pm** | **Exclusive** | **Weights****\*** |
| **30-31/05/19****SATURDAY & SUNDAY** | **DMT TRAMPOLINE EVENT****SET UP** | **NIAC** | **6:30pm – 10:00pm** | **Exclusive** | **Weights****\*** |
| **04/06/20****THURSDAY** | **BIRCHGROVE PRIMARY SPORTS DAY** | **NIAC** | **9.00am – 12.00pm** | **Exclusive** | **Weights****\*** |
| **05/06/20****FRIDAY** | **BADEN POWELL SPORTS DAY** | **NIAC** | **9.00am – 12.00pm** | **Exclusive** | **Weights****\*** |
| **06/06/20****SATURDAY** | **OPEN DAY** | **NIAC** | **7.00am –** **CLOSE** | **Exclusive** | **Weights****\*** |
| **11/06/20****THURSDAY** | **HOWARDIAN PRIMARY SPORTS DAY** | **NIAC** | **9.00am – 12.00pm** | **Exclusive** | **Weights****\*** |
| **12/06/20****FRIDAY** | **PERFORMANCE ATHLETES** | **NIAC** | **12.30 – 3.30pm** | **Exclusive** | **Weights****\*** |
| **12/06/20****FRIDAY** | **YSGOL MELIN GRUFFYDD SPORTS DAY** | **NIAC** | **9.00am – 12.00pm** | **Exclusive** | **Weights****\*** |
| **15/06/20****FRIDAY** | **PERFORMANCE ATHLETES** | **NIAC** | **9.00am – 12.00 pm** | **Exclusive** | **Weights****\*** |
| **16/06/20****TUESDAY** | **KITCHENER PRIMARY SPORTS DAY** | **NIAC** | **9.00am – 12.00pm** | **Exclusive** | **Weights****\*** |
| **16/06/20****TUESDAY** | **RHIWBINA PRIMARY SPORTS DAY** | **NIAC** | **12.30pm – 3.30pm** | **Exclusive** | **Weights****\*** |
| **17/06/20****FRIDAY** | **PERFORMANCE ATHLETES** | **NIAC** | **12.30pm – 3.30pm** | **Exclusive** | **Weights****\*** |
| **17/06/20****WEDNESDAY** | **LAKESIDE PRIMARY SPORTS DAY** | **NIAC** | **9.00am – 12.00pm** | **Exclusive** | **Weights****\*** |
| **17/06/20****WEDNESDAY** | **PERFORMANCE BOOKING** | **NIAC** | **12.30pm – 3.30pm** | **Exclusive** | **Weights****\*** |
| **18/06/20****THURSDAY** | **CARDIFF HIGH SPORTS DAY** | **NIAC** | **9.00am – 3.00pm** | **Exclusive** | **Weights****\*** |
| **19/06/20****FRIDAY** | **PERFORMANCE BOOKING** | **NIAC** | **9.00am – 12.00pm** | **Exclusive** | **Weights****\*** |
| **19/06/20****FRIDAY** | **YSGOL GWAELOD-Y-GARTH SPORTS DAY** | **NIAC** | **12.30pm – 3.30pm** | **Exclusive** | **Weights****\*** |
| **22/06/20****SATURDAY** | **PERFORMANCE BOOKING** | **NIAC** | **12.30pm – 3.30pm** | **Exclusive** | **Weights****\*** |
| **23/06/20****TUESDAY** | **KITCHENER PRIMARY SPORTS DAY** | **NIAC** | **9.00am – 12.00pm** | **Exclusive** | **Weights****\*** |
| **23/06/20****TUESDAY** | **PERFORMANCE BOOKING** | **NIAC** | **12.30pm – 3.30pm** | **Exclusive** | **Weights****\*** |
| **24/06/20****WEDNESDAY** | **CARDIFF GAMES** | **NIAC** | **9.30am – 2.00pm** | **Exclusive** | **Weights****\*** |
| **25/06/20****THURSDAY** | **ST PETER’S PRIMARY SPORTS DAY** | **NIAC** | **9.00am – 3.00pm** | **Exclusive** | **Weights****\*** |
| **26/06/20****FRIDAY** | **ROATH PARK PRIMARY SPORTS DAY** | **NIAC** | **9.00am – 12.00pm** | **Exclusive** | **Weights****\*** |
| **26/06/20****FRIDAY** | **YSGOL PENCAE SPORTS DAY** | **NIAC** | **12.30pm – 3.30pm** | **Exclusive** | **Weights****\*** |
| **29/06/20****MONDAY** | **HOWELLS SCHOOL SPORTS DAY** | **NIAC** | **9.00am – 3.00pm** | **Exclusive** | **Weights****\*** |
| **30/06/20****TUESDAY** | **CARDIFF MUSLIM PRIMARY SPORTS DAY** | **NIAC** | **9.00am – 12.00pm**  | **Exclusive** | **Weights****\*** |
| **30/06/20****TUESDAY** | **PERFORMANCE BOOKING** | **NIAC** | **12.30pm – 3.30pm** | **Exclusive** | **Weights****\*** |
| **01/07/20****WEDNESDAY** | **YSGOL MYNYDD BYCHAN SPORTS DAY** | **NIAC** | **9.00AM – 12.00pm** | **Exclusive** | **Weights****\*** |
| **02/07/20****THURSDAY** | **ROATH PARK PRIMARY SPORTS DAY** | **NIAC** | **9.00am – 12.00pm** | **Exclusive** | **Weights****\*** |
| **02/07/20****THURSDAY** | **PERFORMANCE BOOKING** | **NIAC** | **12.30pm – 3.30pm** | **Exclusive** | **Weights****\*** |
| **03/07/20****FRIDAY** | **KINGS MONKTON SPORTS DAY** | **NIAC** | **9.00am – 3.00pm** | **Exclusive** | **Weights****\*** |
| **06/07/20****MONDAY** | **PERFORMANCE BOOKING** | **NIAC** | **9.00am – 12.00pm** | **Exclusive** | **Weights****\*** |
| **07/07/20****TUESDAY** | **PERFORMANCE BOOKING** | **NIAC** | **12.30pm – 3.30pm** | **Exclusive** | **Weights****\*** |
| **08/07/20****WEDNESDAY** | **ST JOHN’S COLLEGE SPORTS DAY** | **NIAC** | **9.00am – 3.00pm**  | **Exclusive** | **Weights****\*** |
| **09/07/20****THURSDAY** | **LAKESIDE PRIMARY SPORTS DAY** | **NIAC** | **9.00am – 12.00pm** | **Exclusive** | **Weights****\*** |
| **09/07/20****THURSDAY** | **ST JOHN’S COLLEGE SPORTS DAY** | **NIAC** | **12.30pm – 3.30pm** | **Exclusive** | **Weights****\*** |
| **10/07/20****FRIDAY** | **ST JOHN LLOYD SPORTS DAY** | **NIAC** | **9.00am – 12.00pm** | **Exclusive** | **Weights****\*** |
| **10/07/20****FRIDAY** | **PERFORMANCE BOOKING** | **NIAC** | **12.30pm – 3.30pm** | **Exclusive** | **Weights****\*** |
| **07/08/20****FRIDAY** | **CROSSFIT SET-UP** | **NIAC** | **2.00pm – 10.00pm** | **Exclusive** | **Weights****\*** |
| **08/08/20****SATURDAY** | **CROSSFIT EVENT** | **NIAC** | **9:00am – 8:00pm** | **Exclusive** | **TBC** |
| **09/08/20****SUNDAY** | **CROSSFIT EVENT** | **NIAC** | **9:00am – 8:00pm** | **Exclusive** | **TBC** |
| **15/09/20****TUESDAY****-****17/09/20****THURSDAY** | **FRESHERS’ FAYRE** | **NIAC** | **7am - CLOSE** | **Exclusive** | **Weights****\*** |
| **09/11/20****MONDAY** | **OPEN DAY** | **NIAC** | **10.00am - CLOSE** | **Exclusive** | **Weights****\*** |

\***Outdoor Track available (Check with reception for Outdoor Throws)**

**OUTDOOR THROWING AREAS – PLEASE NOTE – NO OUTDOOR THROWS AFTER 6.30pm ON MONDAY / TUESDAY / THURSDAY / FRIDAY**

**OUTDOOR THROWING AREAS – PLEASE CHECK WITH RECEPTION FOR WEEKEND OUTDOOR THROWS AVAILABILITY AS THIS WILL VARY DEPENDING ON EVENTS AND FIXTURES**

**PLEASE BE AWARE THAT EVERY WED NIGHT THE THROWS AREAS IS USED BETWEEN 6.30 -8.30 FOR OUR RESIDENT DISABLED THROWS GROUP**

**DURING TERM TIME THE INFIELD OF THE TRACK CANNOT BE USED FROM 12.30-5.00 ON WEDNESDAYS DUE TO BUCS NETBALL/BASKETBALL**

**Last updated 06/03/2020**