

METACTIVE

Training programmes

Standard Package:

4 weeks personalised training programme

2 supervised training sessions

Email and face-to-face support throughout programme



JUST £40!

(Programme renewal £35)

Gold Package:

6 weeks personalised training programme

4 supervised training sessions

Email and face-to-face support throughout programme

JUST £75!

(Programme renewal £70)

Enquire at Met Active reception.

Terms and Conditions apply

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