



## Sustainability at Cardiff Met

At Cardiff Met, we recognise the important role we have to play in promoting the principles of sustainability across all activities, including teaching and research. To help with this, we have Sustainability Strategy and Sustainability Policy, which sets out our ambitions and objectives for environmental management and sustainable practice. We have a broad definition of sustainability that is based on development that meet the needs of the present, without compromising the ability of future generations to meet their own needs. We recognise that we have an environmental, economic and societal impact locally, nationally and internationally. We also recognise that we must be a good neighbour to our communities and support our staff and students to be responsible, global citizens. Our intention is to develop a culture of environmental stewardship amongst our students.

The principles underpinning our approach are:

- A culture of sustainability that is embedded in our thinking and behaviours
- Fostering the capacity for our students, staff and communities to champion sustainability.
- Ensuring that students and staff are empowered to promote sustainability both within and outside the institution.
- Making a proactive and positive contribution to the sustainability of its environments

There are lots of initiatives that you can get involved with to contribute to the delivery of the strategy, from setting up a society, such as Fairtrade to volunteering with a working group to look after the Campus Community Garden. Look out for our regular Repair Cafes on Campus and you could offer your repair skills or bring along something that needs fixing and learn a new skill at the same time. We hold regular Litter Picks which will allow you to meet new people whilst exploring the city and helping the natural environment and you can attend Free Green Workshops where you will learn sustainable life tips e.g. Wasteless Home, Wasteless Kitchen & Bathroom, Foraging, Natural soap making. You can volunteer to be trained as an Internal Auditor to help maintain and improve our Environmental Management System or be part of a Focus Group to discuss content and progress with Sustainability action plans. We continually promote key environmental impact activities, such as providing free Next Bikes membership and free bike servicing for sustainable travel.

Sustainability is really important at Cardiff Met and we look forward to you getting involved in our activities.

Rachel Roberts  
Sustainability Engagement Manager

