Cardiff Met Sport – Community Update

There has been a considerable amount of operational planning to prepare our site for staff and students ready for the new academic term on the 5th October but this remains a very challenging time for us. With this in mind our campus maximum capacity has been greatly reduced, in line with Welsh Government and Public Health guidance.

The University took the decision in the early weeks of lockdown to do all that we could to safeguard the health and wellbeing of our staff, students and our community and we have continued to ensure that this has been at the forefront of our decision making throughout the pandemic. With this in mind, we have made a difficult decision to suspend the majority of community use on the Cyncoed and Llandaff Campus until January 2021 at the earliest. We can reassure you that we will be continually reviewing this position throughout the coming months and will communicate any changes as soon as possible.

Our commitment to welcoming and supporting our community to take part in activities on site is part of who we are at Cardiff Met and we trust you will understand how difficult a decision this was. However, the safety of our users is of the utmost priority and we feel this is in the best interests of all in the short term.

The restrictions on community use will therefore result in no access to NIAC, Fitness Classes, Gym, Squash Courts, Swimming Pool, Archers Arena or the Tennis centre for members and no pay and play recreational options. We will be re-starting some junior sport programmes and a separate communication will be sent out to children across all sports shortly.

For those with existing membership packages, you will receive a communication updating what this means for you and outlining the options available to you.

We will update our website and social media channels with news, updates and announcements, so please keep checking back for further information.

We would like to thank you for your continued support, and sincerely hope to see you back at Cardiff Met Sport very soon when it’s safe to do so. For further information, please see below some FAQs.

**Frequently Asked Questions:**

**I am part of a junior academy, what does this mean for me?**

We will only be bringing back a small number of our junior academy training sessions in term 1. We are writing separately to all of our junior academy members to update them on our plans to return. If you haven’t received a communication, by Friday 18th September please email Academy Manager [bnuttall@cardiffmet.ac.uk](mailto:bnuttall@cardiffmet.ac.uk)

**I am a member of the XL tennis academy, will this be returning?**

We are currently working with XL tennis to return some small elements of their coaching sessions. You will be contacted by XL Tennis with further information when it is available or alternatively please email [XLtenniscardiff@icloud.com](mailto:XLtenniscardiff@icloud.com)

**I am a current member of the gym/NIAC/tennis centre, what does this mean for me?**

All of our community members will be contacted directly with further information on the options available to you as a member. If you do not receive a communication by Friday 18th September please email [sport@cardiffmet.ac.uk](mailto:sport@cardiffmet.ac.uk) with your full name and membership number.

**I am a member of a community club that trains at Cardiff Met Facilities, are we still allowed to train?**

The majority of community club sessions will be unable to take place at Cardiff Met until January 2021. A small number of student clubs that have links to community clubs will be resuming and information will be shared with these clubs through the relevant student body.

**I am a community athlete, who is not a member of the University student team, will I be able to train in NIAC or on the outdoor track?**

All community use of NIAC and the outdoor track apart from the Cardiff Archers Junior Athletics Academy Squad and Squad Development will not be permitted until January 2021. There will be no open training sessions for community athletes.

**I am part of the student athletics clubs, is this returning?**

Our student athletics club will return to training in-line with Welsh Government Guidance and in accordance with Student Union & Met Sport return to train protocols.

**I am an elite athlete and part of the Welsh Athletics programme, will I be able to train?**

We are working with Welsh Athletics & Disability Sport Wales to maintain the elite athlete training provision. Athletes and staff within the established performance HUB will be able to continue to access the facility to train.

**Will there be any community events taking place in Sport Facilities?**

We will not be hosting any events in our sports facilities until January 2021.

**Will the physio and massage clinic be opening?**

The clinic will not be opening for community access until January 2021.

**Who do I contact if I am unsure about any of the above?**

Please send any enquiries to [sport@cardiffmet.ac.uk](mailto:sport@cardiffmet.ac.uk) your patience is appreciated as we continue to work through this challenging period.