



CARDIFF MET ACADEMIES - Code of Conduct

The following Code of Conduct applies to all members, parents of members and officials throughout all Cardiff Met Sport Academies. The Code is published on 15th August 2019 and may be amended from time to time.

Athlete/Young Person

As a member of a Cardiff Met junior sports Academy, it is important that you enjoy your time within the academies and have every opportunity to reach your full potential. This applies equally to all your fellow athletes/team mates and to help achieve this you are expected to follow our code of conduct:

1. All members must abide by National Governing Body (NGB) rules and respect officials and their decisions.
2. All members must abide by the anti-doping regulations of the sport.
3. All members must treat their fellow competitors with the same respect that they would wish for themselves.
4. Members must conduct themselves properly at all times and not bully, embarrass or intimidate fellow competitors either physically, verbally, mentally or through any form of social media such as text, Facebook, Twitter or other social networking sites.
5. Members should keep to agreed timings for training and competitions and inform their coach or team manager if they are going to be late.
6. Members must wear suitable kit for training and, when competing in the name of the club, must wear the official club kit.
7. Members must familiarise themselves with the **FACILITY ETIQUETTE** and follow it at all times.
8. Members must promptly pay subscriptions when requested.
9. Members are not allowed to smoke or consume alcohol or drugs of any kind at the club's facilities or whilst representing the club or travelling to or from competitions. The use of illegal drugs or substances at any time is not permitted and members abusing this rule can face being banned from the club.

Coaches, Team Managers and Officials

Coaches, team managers and other club officials have a special responsibility to uphold the good reputation and regulations of the club and to set good examples to the athletes and their parents, as follows:

1. Create a safe, fun and productive environment and promote the positive aspects of sport (such as fair play).



2. Develop appropriate working relationships with young players, club colleagues and parents, based on mutual trust and respect.
3. Make sure all activities are appropriate to the ages, abilities and experience of those taking part.
4. Treat everyone equally and value their worth and contributions.
5. Display consistently high standards of behaviour and appearance.
6. Follow all guidelines laid down by NGB and your club.
7. Hold valid qualifications and DBS checks as appropriate.
8. Never exert undue influence over another member to obtain personal benefit or reward.
9. Never engage in or condone rule violations, rough play, bad language or bullying.
10. Ensure players are not subject to any form of treatment that is harmful, abusive, humiliating or degrading
11. Maintain a clear boundary between friendship and intimacy with players and do not conduct inappropriate relationships.
12. Encourage players to value their performances and not just results.
13. Encourage and guide players to accept responsibility for their own performances and behaviour.

Parents/Carers

Sport can be a very rewarding experience for young people, providing the basis of an active and healthy lifestyle as well as offering chances to make new friends, acquire self-confidence and, for those willing to persevere, to represent their club and country. Parents have a vital role to play:

1. Encourage your child to learn the rules of their sport.
2. Discourage unfair play arguing with officials.
3. Help your child to recognise good effort and performance and not just results.
4. Never force your child to take part in training or competitions which are not appropriate for his/her ability – seek guidance from the coach/team manager
5. Set a good example by recognising fair play and applauding good performance and effort of all.
6. Never punish or belittle a child for losing or making mistakes.
7. Accept decisions made by team managers and other club officials in good faith.
8. Don't impose your ambitions on your child – Sport is his/her activity, not yours.
9. Support your child's involvement and help him/her to enjoy sport.



10. Support your child's coach(es) and team manager(s).
11. Avoid swearing, abusive language and inappropriate behaviour at training sessions or matches.
12. Encourage and guide your child to accept responsibility for his/her own performance and behaviour.
13. Ensure that your child (or you) communicates with his/her team manager, coaches and club officials, particularly about availability.
14. Be aware that your attitude and behaviour directly affects the behaviour of your child and other young people.
15. Report any concerns you have about your child's or any other child's welfare whilst with the club to an officer or the welfare officer.

Complaints Procedure

The club takes seriously any breach of these Codes of Conduct and will act on its own accord or on receipt of a complaint. Any complaint should be raised in the first instance with the Welfare Officer or one of the club's officers (Manager, and or head coach). It is in the interests of all concerned that complaints should be resolved as soon as possible and in a spirit of goodwill.

ISSUED AUGUST 2019