**Global Opportunities**

**Overseas placement pre-departure checklist**

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|  | Tick |
| ***Host Country*** |
| I will not travel to any country/or parts of country that the Foreign and Commonwealth Office (https://www.gov.uk/foreign-travel-advice) has advised against "all but essential travel" or against “any travel”.  |  |
| I will check the Foreign and Commonwealth Office website (https://www.gov.uk/foreign-travel-advice) for information on my host placement country and follow any advice provided.  |  |
| *I will download the GlobalRiskManager App and register for appropriate alerts. Instructions are available here (see Drum Cussac.pdf file).*  |  |
| I understand that my induction at the host placement organisation should include advice about local customs, laws, religious observances, dress codes, no-go/high risk areas, travel advice and advice about using public transport, climate etc. (where appropriate, depending on the country). I agree to adhere to any appropriate advice given. If I do not receive this advice, or need further clarification, I will speak to my line manager at the placement, and/or contact my School.  |  |
| **WORK PLACEMENT ONLY:** I will familiarise myself with the health & safety regulations in the host workplace, and always be safety aware. If I have any concerns about my health and safety at work (bearing in mind that some countries' health and safety laws are not as stringent as the UK's), I will speak to my line manager and/or contact my School.  |  |
| I confirm that I have a source of emergency funds in the UK or host country that I can readily access from the host country.  |  |
| ***Accommodation*** |
| Suitable and safe accommodation will be arranged, preferably prior to the placement starting, either by myself, or where appropriate through the placement provider.  |  |
| ***Health*** |
| I will seek information from relevant health professionals on vaccinations and understand that if I choose not to receive any recommended vaccinations, I do so at my own risk.  |  |

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| ***Insurance*** |
| I understand that I must purchase fully comprehensive insurance which covers me for any eventuality and provide a copy of the insurance to Global Opportunities.  |  |
| I understand that if I have a pre-existing medical condition, I must not travel against medical advice. I must advise a GP about my placement location or any travel associated with my placement.  |  |
| If I am travelling to a European Economic Area (https://www.gov.uk/eu-eea) or Switzerland, I will obtain a free Student European Health Insurance Card (student GHIC) from the NHS prior to travel (https://www.nhs.uk/using-the-nhs/healthcare-abroad/apply-for-a-free-uk-global-health-insurance-card-ghic/) |  |
| ***Travel*** |
| I confirm that I have a passport that will be valid for the duration of the placement. |  |
| I have arranged the necessary visas and/or work permits? (additional support can be accessed by contacting Global Opportunities |  |
| I will apply good common sense when choosing how to travel to/from and within my placement host country. I will think about the mode of transport, how safe it is and how reputable the carrier is. For further information on the safety ratings of most airlines, please see http://www.airlineratings.com/airlines-ratings.php.  |  |
| If I will be driving in the host country, I will check and ensure I have the correct driving licence and insurance in place for driving in that country.  |  |
| I have arranged for or received all recommended immunisations?  |  |
| I have taken appropriate advice regarding malaria and other endemic diseases as appropriate and are taking any necessary medication.  |  |
| I am aware of the cultural differences in the country to which I will be travelling and will dress and behave accordingly.  |  |
| ***Finally*** |
| Most students who do an overseas placement really enjoy and benefit from the experience. In addition, students and graduates with a global outlook are highly sought-after by employers. While you are on placement however, please think about what you are doing at all times and respect local laws and customs. Walk away at the first sign of any trouble, trust your instincts and do not take risks that you would not even consider at home. |  |