



Welcome Week Timetable

Sport & Exercise Science - BSc (Hons) - Year 1
Cyncoed campus

Monday 21 September 2026

AM

10:30am – 12:00pm

Programme Welcome

Room: C1.11 (Lecture Theatre 2)

PM

14:00pm – 15:00pm

Personal Academic Tutor Meeting 1

Rooms:

Group 1: C1.01

Group 2: V0.05

Group 3: V0.07

Group 4: V0.08

Group 5: B2.07

Group 6: N0.06

Group 7: N1.11a

Group 8: N1.19

Tuesday 22 September 2026

PM

12:00pm – 13:00pm

Welsh Medium Provision (optional)

Room: C1.01

14:00pm – 16:00pm

Orienteering Event

Room: Cyncoed Campus

Wednesday 23 September 2026

All Day

Freshers Fayre

Thursday 24 September 2026

AM

11:00am – 12:00pm

Programme Information

Room: C1.11 (Lecture Theatre 2)

PM

13:00pm – 14:30pm

Personal Academic Tutor Meeting 2



Cardiff
Metropolitan
University

Prifysgol
Metropolitan
Caerdydd

Welcome week
Wythnos groeso **2026**

Rooms:

Group 1: C1.01

Group 2: V0.07

Group 3: V0.08

Group 4: B1.01

Group 5: B2.07

Group 6: N0.06

Group 7: N1.11a

Group 8: N1.19

Friday 25 September 2026

AM

10:00am – 16:00pm

Personal Tutor meeting

Room: Staff Offices



Cardiff
Metropolitan
University

Prifysgol
Metropolitan
Caerdydd

Welcome week
Wythnos groeso

2026