



Welcome Week Timetable

Sport & Physical Education - BSc (Hons) - Year 1
Cyncoed campus

Monday 21 September 2026

AM

09:30am – 10:30am

Programme Welcome

Room: C1.11 (Lecture Theatre 2)

10:30am – 12:00pm

Group Activity

Room: NIAC Basketball Courts

Tuesday 22 September 2026

AM

10:30am – 12:00pm

Personal Academic Tutor Activity

Rooms:

Group 1: C1.01

Group 2: V0.07

Group 3: V0.08

Group 4: B2.07

Group 5: N1.19

PM

12:00pm – 13:00pm

Welsh Medium Provision (optional)

Room: C1.01

13:00pm – 14:00pm

Optional Book-In – Personal Tutors

Room: V-Block

Wednesday 23 September 2026

All Day

Freshers Fayre

Thursday 24 September 2026

PM

12:00pm – 13:00pm

Meet and Chat with current SPEH Students

Room: C1.11

14:00pm – 15:00pm



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Group Activity

Room:

Group 1: C1.05

Group 2: C1.06

Group 3: C1.08

Group 4: C1.09



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