



Welcome Week Timetable

Foundation Leading to Sport
Cyncoed campus

Tuesday 22 September 2026

AM

10:00am – 11:00am

Programme Welcome

Room: C1.11

11:30am – 13:00pm

Group Personal Tutor Meeting

Room(s):

Group 1: C1.05

Group 2: C1.06

Group 3: C1.08

Wednesday 23 September 2026

All Day

Freshers Fayre

Friday 25 September 2026

AM

10:00am – 11:00am

Group PT Activity

Room(s):

Group 1: B1.01

Group 2: N0.06

Group 3: N1.11a

11:30am – 12:30pm

Group PT Activity

Room(s): NIAC Basketball Courts

PM

13:30pm – 14:30pm

Personal Academic Tutor Activity

Room(s):

Group 1: C1.05

Group 2: C1.06

Group 3: C1.08



Cardiff
Metropolitan
University

Prifysgol
Metropolitan
Caerdydd

Welcome week
Wythnos groeso

2026