



Awards Ceremonies Graduating Class of 2025

20 - 21 November 2025

Wales Millennium Centre, Cardiff Bay



Cardiff
Metropolitan
University

Prifysgol
Metropolitan
Caerdydd

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Congratulations from the University's Chancellor

As Chancellor, I congratulate you most warmly on securing your place at today's ceremony.

Studying at university level is not easy, with many challenges on the way, and your success has been achieved through determination and hard work. The applause today of your family, friends, fellow graduands and the Cardiff Met staff all salute that achievement, and the beginning of the next stage of your life. I hope that you will find that next stage exciting and fulfilling, both personally and professionally.

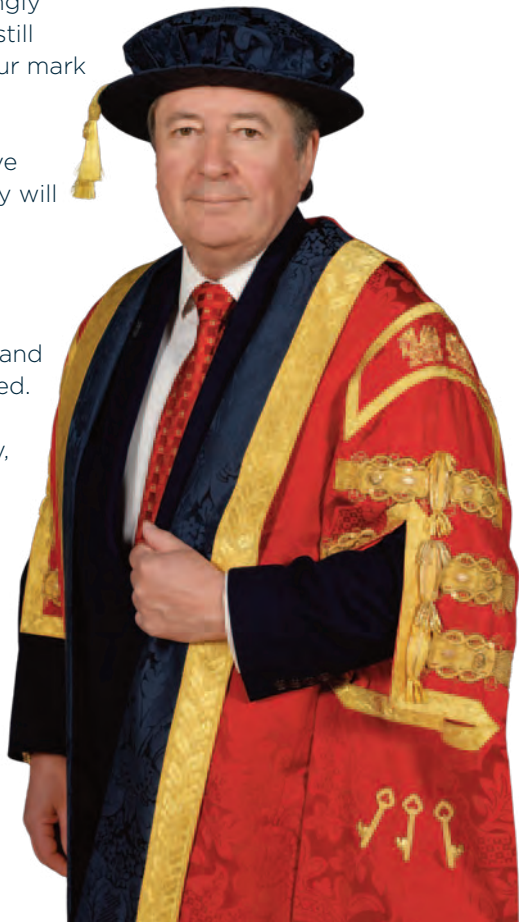
We live in what is in some ways an increasingly complex and troubled world, but there are still countless opportunities for you to make your mark and to build a happy and successful future.

The skills, resilience and friendships you have developed at Cardiff Metropolitan University will all help you to reach your goals, whatever they may be.

So very well done; thank you for choosing to study at Cardiff Metropolitan University; and we are very proud of what you have achieved.

But today is not a goodbye; on the contrary, we look forward to a lifelong relationship with you, as one of this University's alumni. Enjoy your day; and keep in touch, and let us know about your future successes too!

Stephen Wordsworth CMG LVO



Congratulations from Pro-Chancellor & Honorary President

As Lord Mayor of Cardiff, it is my privilege to hold the office of Pro-Chancellor & Honorary President at Cardiff Metropolitan University.



It was a great honour to have my own inauguration at the start of the July Graduation ceremonies – I hope you too enjoy this special occasion in a wonderful venue.

Students at Cardiff Met have benefitted from the very best teaching which will prepare you for stepping into the world of work with knowledge and skills in your area of study. As you move on from university, I hope you will find success and fulfilment in your chosen career path.

As Pro-Chancellor & Honorary President of Cardiff Metropolitan University, I would like to convey my congratulations to everyone on their achievements and as Lord Mayor, send best wishes from the City and County of Cardiff for your futures.

The Right Honourable the Lord Mayor of Cardiff, Councillor Adrian Robson

Welcome from the University's Chair of the Board of Governors

I'd like to congratulate you all on completing your degrees and the award you will be receiving today.

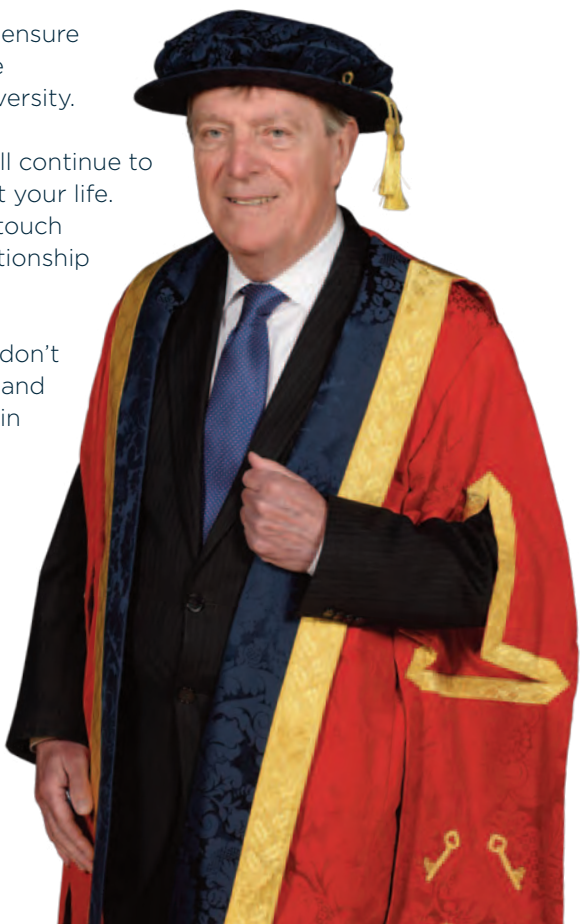
Celebrate your success and the hard work you have put in during your degree to get to this point. Now you can look ahead with confidence that the knowledge and skills you've gained during your time at Cardiff Metropolitan University will equip you for the future.

Working with the Vice-Chancellor and all the University's staff, the Board of Governors strives to maintain excellent relationships with the student body to ensure that all students have the best possible experience at Cardiff Metropolitan University.

You've been valued as students and will continue to be valued by the University throughout your life. We'd always encourage you to stay in touch with the University and maintain a relationship with us, wherever life takes you next.

As your professional career flourishes, don't forget about the causes you believe in and the changes you want to advocate for in life. Only with this can we effectively create impact and a world that our future selves, our families and our communities want to live in.

John Taylor CBE





Welcome from the University's President & Vice-Chancellor

As President and Vice-Chancellor, I am delighted to welcome you, your families and friends to your Cardiff Metropolitan University Graduation Ceremony.

Your graduation is the culmination of all your hard work, resilience and commitment to achieving success. My university colleagues and I are extremely proud of what you have accomplished.

We are delighted that Cardiff Metropolitan University has been part of your journey to success, and we are looking forward to taking time with you today to mark, through this Graduation Ceremony, the significant attainment that is the award of your degree.

This is no doubt a major milestone, but it is just one part of a learning journey that will continue throughout your lives. The skills, knowledge and experiences you have had at Cardiff Met will be critical in helping you navigate the challenges ahead, but also in embracing a world of opportunity.

As you move from graduand to graduate today, we warmly welcome you to our global community of Cardiff Metropolitan University Alumni.

Our former students have always been our greatest ambassadors. We hope that, as you move on, you will be able to share with those you meet the experiences of what it is like to study here, inspiring them to begin their own journey with us.

On behalf of everyone at Cardiff Metropolitan University, I extend my very sincere congratulations to you and wish you every success for the future.

Professor Rachael Langford
BA MA PhD FRSA

Procession

The Academic Procession is made up of those listed below and will enter in the following order:

Chief Marshal

Members of Academic Staff

President of the Students' Union

S Parameswaran Namboothiri

Chaplain

A Bahadur-Kutkut

Dean of Cardiff School of Art & Design

Dr B Gordon BSc (Hons) MSc PGCE
PhD FHEA

Deputy Dean of Cardiff School of Education & Social Policy

S Thomas BSc (Econ) DipSW PGCE
SFHEA/BSc (Econ) DipSW TAR SFHEA

Acting Dean of Cardiff School of Sport & Health Sciences

Dr H Wiltshire, BSc, PHD, SFHEA

Dean of Cardiff School of Technologies

Professor J T Platts BEng MSc PhD
CEng FIET MInstMC

Deputy Dean of Cardiff School of Management

Dr K Hughes BSc (Hons) PGCE PhD
FHEA MBCS

Chief Student Officer

Dr H Moyes, BA (Hons), MSc (Econ),
MBA, PHD

Dean of Teaching & Learning

Professor J Longville BA PGCE MSc

Pro Vice-Chancellor Research & Innovation

Professor S Hanton BA MSc PhD
FAASP

University Secretary

R Davies MSc

Deputy Vice-Chancellor & Provost

Professor K Thirlaway BSc PhD PFHEA
HCPC

President & Vice-Chancellor

Professor R Langford BA MA PhD
FRSA

Pro-Chancellor & Honorary President of Cardiff Metropolitan University The Right Honourable the Lord Mayor of Cardiff

Councillor A Robson

Chair of Governors

J Taylor CBE

Chancellor

S Wordsworth CMG LVO

Order of Ceremony

Entry Procession

Formal opening of the ceremony

President & Vice-Chancellor's address

Presentation of the graduands

Admittance of the graduands to their degree

The final address

Formal closing of the ceremony

Exit Procession

Presentation of Awards

Graduands will be presented by the Dean of the appropriate School or the designated nominee. Students who have elected to receive their initial degrees in praesentia will be presented according to their award nomenclature, by the Presenter who will say: *"President & Vice-Chancellor, I present to you students who have been awarded..."*

The Presiding Executive admits graduands with the words: *"Through the authority vested in me by Cardiff Metropolitan University, I admit you to your awards and to all the privileges of those awards."*



Award of an Honorary Doctorate

Dr Emma Ross

Cardiff School of Sport & Health Sciences

Dr Emma Ross is Co-Founder and Chief Scientific Officer at The Well HQ. A science communicator at heart, Emma has been a driving force in advancing female health in women's sport for over 20 years, and founded The Well HQ in 2021 - an organisation on a mission to empower women in sport and help improve understanding around how female specific factors affect performance.

Emma spent the first ten years of her career teaching physiology to sports science, physiotherapy and medical students at Brunel and Brighton universities and went on to become Head of Physiology at the English Institute of Sport - leading sports scientists and supporting Olympic and Paralympic athletes.

A Cardiff Met alumna, Emma holds a first-class degree in sports science, a Masters in sport and exercise physiology and a PhD in exercise neurophysiology. She has published over 30 scientific publications in sport and exercise science and was awarded The Sunday Times Sportswomen of the Year Changemaker Award in 2021.



Since 2023, Emma, alongside the team at The Well HQ, has worked in partnership with Cardiff Met supporting the University's ARCHER programme - which is improving women's experience in sport by equipping its students and workforce with a better understanding of the female body. Emma and her team have delivered workshops and sessions to elite student athletes.

Thursday 20 November 2025 10.30am

Cardiff School of Management

- The congregation is requested to stand during the Academic Procession.
- Professor Rachael Langford, President & Vice-Chancellor, will address the audience for the formal opening of the ceremony.
- Dr Kelvin Hughes, Deputy Dean of Cardiff School of Management, will present the Graduands.
- Students will now be called individually to cross the stage.
- Professor Rachael Langford, President & Vice-Chancellor, will admit the Graduands.
- Professor Katie Thirlaway, Deputy Vice-Chancellor & Provost, will make the final address.
- Following the formal closing of the ceremony, the congregation is requested to stand during the Academic Procession.





Friday 21 November 2025 10.30am

Cardiff School of Art & Design

Cardiff School of Education
& Social Policy

Cardiff School of Sport
& Health Sciences

Cardiff School of Technologies

- The congregation is requested to stand during the Academic Procession.
- Professor Rachael Langford, President & Vice-Chancellor, will address the audience for the formal opening of the ceremony.
- Dr Bethan Gordon, Sarah Thomas, Dr Huw Wiltshire and Professor Jon Platts, will present the Graduands.
- Students will now be called individually to cross the stage.
- Award of Honorary Doctorate to Dr Emma Ross.
- Professor Rachael Langford, President & Vice-Chancellor, will admit the Graduands.
- Stephen Wordsworth CMG LVO, Chancellor will make the final address.
- Following the formal closing of the ceremony, the congregation is requested to stand during the Academic Procession.





Welcome to the Cardiff Met Graduate Community



Congratulations on completing your studies!
You are joining a global community of Cardiff Metropolitan University alumni.

To keep you up to date with all the latest Cardiff Met news and updates, you have been registered on our database. You also have access to a range of benefits, including:

- ✓ Alumni discount for eligible postgraduate programmes - check our website for up-to-date information
- ✓ Careers support after graduation
- ✓ Discounted gym and sports membership
- ✓ Access to learning centres on campus

Access your account: **alumni.cardiffmet.ac.uk**

You can also contact us at **alumni@cardiffmet.ac.uk**

We look forward to hearing about your future successes!

Register and keep your details up to date:
www.cardiffmet.ac.uk/alumni



Your next step

You could qualify for the Cardiff Met Alumni Discount. Visit our website for full details.



Congratulations from everyone at Cardiff Met on your graduation. It is a culmination of hard work and dedication, and a fantastic achievement that we hope you enjoy celebrating with friends, family and loved ones.

If you're thinking about what's next, then postgraduate or further research study may be something you've considered. By continuing your academic journey with us, you will be part of a growing postgraduate and research community with over 3,000 students from across the world. Our programmes will further develop your specialist subject knowledge, enhance your career prospects and provide a springboard for further study.

Find out more at
www.cardiffmet.ac.uk/postgraduate



Thank you

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	Zoe Pieris

The families and friends who donate prizes in memory of:

Alan Barrett-Danes	Mike Wadsworth
Bert Jones	Mrs Robert Picton
Causero	Neville Gaunt
David Leonard	Non Thomas
Dilys Price	Non-Lane
Gareth Jones	Rachel Stickler
Helen Gregory	Ray Newberry
John Dobson	Ria Blakeman
Lavinia Bletchley	Richard Morris
Louise Fielding	Susan Clease



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Every effort has been made to ensure the information
in this programme is accurate at the time of publication.