

Cardiff Met Conferences
Cynadleddau Met Caerdydd



Hospitality Menu





Hot Beverages

Tea/coffee	£1.70
Tea/coffee & biscuits	£2.30
Tea/coffee & danish pastries	£2.75
Tea/coffee & Welsh cakes	£2.75
Tea/coffee & bara brith	£2.75
Tea/coffee & mini muffins	£2.75

Alternative milks & gluten/dairy free options available upon request



Cold Beverages

Jug of orange juice (serves 6)	£8.50
Jug of apple juice (serves 6)	£8.50
Jug of iced water (serves 6)	£1.50
Still/sparkling 330ml water	£1.60
Still/sparkling 750ml water	£2.50



Find the perfect treat for every occasion from our delicious selection of cakes and treats

All platters serve 6

Sweet Treats



Chocolate brownie platter £10.95

Mini muffin platter £10.95

Gluten free cake platter £17.50

Vegan cake platter £17.50

Topped cupcake platter £19.50

Afternoon tea platter £29.50



Buffet Menus

Wye – £8.95

Vegetarian sandwiches, Chicken skewers, Falafel, Mint yogurt dip, Veg crudités with Houmous, Crisps & Fresh fruit platter

Dovey – £8.95

Mixed sandwiches, Chicken skewers, Falafel, Mint yogurt dip, Seasoned potato wedges, Prawn twisters & Crisps

Towy (Vegan) – £8.95

Falafel, Onion bhaji, Veg crudités & Sweet chilli dip, Tempura battered vegetables, Seasoned potato wedges & Fresh fruit platter

Usk – £8.95

Mixed wrap platter, Falafel, Salmon goujons, Chicken skewers, Tortilla chips, Mango chutney & Fresh fruit platter

Conwy – £8.95

Mixed sandwich platter, Chicken skewers, Falafel & houmous, Filo coated prawns & sweet chilli dip, Crisps & Fresh fruit platter



Gluten, Dairy & Nut free buffets available upon request

Salad Bowls

Why not add a salad bowl to one of your platters or buffets?
Colourful, crunchy and packed full of tasty seasonal ingredients.

(All salad bowls serve 6)

Mixed salad	£8.00
Classic coleslaw	£9.50
Five bean salad	£11.95
Potato and chive salad	£11.95
Indian rice salad	£11.95
Carrot, sultana and coriander salad	£11.95
Cherry tomatoes with mozzarella and basil oil	£11.95



Sharing Platters & Snacks

A selection of freshly prepared sandwiches & wraps made with a variety of delicious fillings



Sandwiches & Wraps

Sandwich platter	£19.50
Tortilla wrap platter	£19.50
Vegan sandwich platter	£21.00
Gluten free roll platter	£21.00

A selection of mouth watering sharing platters, allowing you to mix & match to suit your event
All platters serve 6

Sausage roll platter	£15.00
Mini pasty platter	£15.00
Mini cheese & onion pasty platter	£15.00
Deli whole quiche	£19.95
Bowl of crisps	£8.00
Ready salted peanuts	£7.00
Green & black olives	£7.00
Fruit basket	£12.00



Bread basket	£10.50
<i>12 freshly baked white & wholemeal bread rolls with butter</i>	
Pâté & bread board	£19.95
<i>A pâté selection with crusty bread, butter & red onion chutney</i>	
Welsh cheese board (serves 10)	£50.00
<i>A selection of Welsh cheese, with crackers, celery & grapes</i>	
Fresh fruit platter	£18.50
<i>A selection of freshly cut fruit</i>	
Indian spicy snack platter	£17.50
<i>Samosas, onion bhajis, pakoras & mango dip</i>	
Falafel platter	£17.50
<i>Beetroot, sweet potato, pea & mint falafel & mango chutney dip</i>	
Crudités platter	£17.50
<i>A selection of seasonal freshly cut veg served with a houmous dip</i>	



Hot Fork Buffets

£16.00 per person

Afon

Served with a choice of 4 salad bowls and a bakers basket

Please select two of the following:

Pulled pork in a brioche bun

Piri piri butterfly chicken with butternut squash and red onion

Spicy baked Welsh salmon fillet & noodles

Welsh lamb lasagne & garlic bread

Vegetarian filo parcel filled with mediterranean vegetables, olives & feta

Spinach and ricotta cannelloni

Welsh cheese & spring onion tart

Wild mushroom tagliatelle

Ogmore

Served with cardamom scented rice, garlic and coriander naan bread, mango chutney, raita and lime pickle

Please select two of the following:

Beef madras

Chicken tikka

Lamb balti

Potato and spinach curry

Chickpea and cauliflower curry

Elan

All of the below plus a choice of 3 salad bowls and a bakers basket

Welsh baked ham with a honey & mustard glaze

Baby onion & four cheese quiche

Hot parsley potatoes

Desserts

Taff

£3.50 per person

French apple tart and cream,
Bread & butter pudding with custard
Chocolate profiteroles and cream
Fresh fruit salad

Ogwen

£5.00 per person

Tiramisu
Chocolate & Penderyn whisky tart
Vanilla Pannacotta pots and red berry compote

Artro

£7.50 per person

Mini trio of chocolate desserts
Fig, plum, pistachio and frangipane tart & vanilla ice cream
Lemon tart & raspberry coulis





Catering Outlet Options

Conference breakfast £8.75

Any 7 items from cooked and continental options plus a hot drink or juice

Continental breakfast £7.85

Croissant with butter & jam, yogurt, 2 pieces of fruit & a hot drink or juice

Breakfast baguette £3.95

A choice of bacon or sausage in a freshly baked baguette

One course lunch £9.00

Main meal & seasonal vegetables with a hot drink

Two course lunch £10.00

Main meal & seasonal vegetables, dessert and a hot drink

Standard brown bag lunch £6.95

Sandwich, crisps, fruit, mini pack of biscuits & water

Deluxe brown bag lunch £9.95

Baguette, crisps, 2 pieces of fruit, flapjack, chocolate bar & orange juice



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Please note all prices are subject to VAT

If you have any queries or require assistance with your order please ask one of the Conference Team.

Please see the following links for further information:

[Cardiff Met allergen info](#) / [Sustainable Catering](#)

