



## Welcome Week Timetable

**Sport Conditioning, Rehabilitation & Massage - BSc (Hons) - Year 1**  
Cyncoed campus

**Tuesday 23 September 2025**

### **AM**

11:00am – 12:00pm

Year Tutor / Programme Director plenary

Room: C1.11 (Lecture Theatre 2)

### **PM**

12:00pm – 13:00pm

Welsh medium provision (optional)

Room: C1.04

13:00pm – 14:00pm

Personal Academic Tutor group meeting 1

Room:

Group 1: C1.01

Group 2: C1.05

Group 3: C1.06

Group 4: C1.08

Group 5: V0.07

Group 6: V0.08

14:00pm – 15:00pm

Year Tutor plenary

Room: C1.11 (Lecture Theatre 2)

## **Wednesday 24 September 2025**

### **All Day**

Freshers Fayre

## **Friday 26 September 2025**

### **AM**

09:00am – 10:00am

Personal Academic Tutor group meeting 2

Room:

Group 1: C1.01

Group 2: C1.05

Group 3: C1.06

Group 4: C1.08

Group 5: V0.07

Group 6: V0.08

10:00am – 11:30am

Sport Activity

Room: NIAC Basketball Courts 1, 2 & 3



**Cardiff**  
Metropolitan  
University

Prifysgol  
Metropolitan  
Caerdydd

**Welcome week**  
**Wythnos groeso**

**2025**