



Welcome Week Timetable

MSc Strength & Conditioning / MRes Strength & Conditioning

Cyncoed campus

Tuesday 23 September 2025

AM

9:30am – 11:30am

Programme welcome

Room: V0.05

PM

12:30pm – 2:00pm

Introduction to online resources

Room: C1.11 (Lecture Theatre 2) / Online

Wednesday 24 September 2025

All Day

Freshers Fayre

Personal Supervisor/Tutor 1-2-1 meetings (online)

Thursday 25 September 2025

All Day

Personal Supervisor/Tutor 1-2-1 meetings (online)



Cardiff
Metropolitan
University

Prifysgol
Metropolitan
Caerdydd

Welcome week
Wythnos groeso **2025**