## MPhil Research Studentship (full-time) – Evaluation of the World Rugby Activate Injury Prevention Programme in Welsh Female Rugby Union

**Package: T**wo-year MPhil tuition fees (at EU/UK rate).

## Project Title: Evaluation of the World Rugby Activate injury prevention programme in Welsh Female Rugby Union

Applications are invited for an exciting opportunity to undertake a fully funded two-year MPhil studentship at Cardiff Metropolitan University to measure the injury trends in the women’s rugby union game in Wales and implement and evaluate subsequent strategies to enhance the welfare of women’s game. The studentship will begin in April 2023 with completion by April 2025. The successful candidate will be located in the Cardiff School of Sport and Health Sciences, Cyncoed Campus, Cardiff Metropolitan University

**Project Description:** In response to the reported variation in the rate and pattern of injury in rugby union across playing level, age, and sex (Yeomans et al, 2020), this MPhil will seek to develop new knowledge to understand the injury trends of women’s rugby union in Wales and evaluate the effectiveness of an injury prevention programme. This study is part of a Tri-Nations World Rugby funded Project, across Scotland, England and Wales and this studentship will be based in Wales, focussing on Welsh Rugby.

Working closely with the WRU Community Medical Lead and Medical Lead, the project will describe the specific injury trends in women’s national level rugby union in Wales, and based on the knowledge obtained, evaluate the efficacy of the World Rugby Activate injury prevention programme to reduce the burden of training and match injury.

**Criteria:** Applicants will need to hold a good honours degree (minimum 2:1) in a related subject area, while a postgraduate qualification is desirable. Applicants will also need to demonstrate knowledge, skills, and experience relevant to the specific subject area of the MPhil, as well as the potential to successfully complete a higher degree by research. The applicant will be primarily located in Cardiff Metropolitan University but expected to undertake data collection in and around Wales. Applicants should be able to demonstrate the necessary experience or potential to complete, successfully, a higher degree by research.

**Supervisory Team:** Professor Stephen Mellalieu, Dr Izzy Moore, Dr Molly McCarthy-Ryan

**Application:** Applicants should complete attached Cardiff Metropolitan University Doctoral Scholarship Application form.

Informal enquiries should be directed to Dr Molly McCarthy-Ryan on [momccarthy-ryan@Cardiffmet.ac.uk](mailto:momccarthy-ryan@Cardiffmet.ac.uk).

The closing date for receipt of applications is Friday 24th February. Interviews w/c 6th March 2023.

*\*UK fees only - successful international applicants will need to fund any difference in tuition fees.*