

COURSE JOINING INFORMATION



**BSC (HONS) HEALTH AND SOCIAL CARE
HND HEALTH AND SOCIAL CARE**

**CARDIFF SCHOOL OF
EDUCATION AND SOCIAL POLICY**

Induction & Enrolment Information

Academic Year 2020/2021

CardiffMet

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1. Welcome from your Teaching Team

A very warm welcome to the Cardiff School of Education and Social Policy.

The Health and Social Care programme sits within a Department which includes Social Work and Housing programmes. You will be joining a vibrant community of over 2000 students with 160 staff committed to delivering a first-class education on our broad portfolio of courses.

Your time at University is important and will give you the opportunity to develop lifelong friendships and develop a range of skills and experiences. We provide an environment in which your academic, professional and social developments thrive.

As a staff group, we are looking forward to welcoming you during Freshers Week. The team is made up of academic staff, from diverse professional backgrounds and with a wide range of expertise. As a team we are committed to helping you to make the most of your time at university. We look forward to working with you over the coming years.

Dr Leanne McCarthy-Cotter
Programme Director

Meeting the Team - Staff Expertise



Dr Leanne McCarthy-Cotter
Programme Director

Policy Formation
Legislation
Government
Governance
Global Social Policy



Dr Huw Evans

Law
Devolution
Constitutional Law
Human Rights
Consumer Law





Dr Jo Aubrey

Childhood
Children's Services
Global Approaches to Health and Social Care



Dr Kate Attfield

Public Health
Equality and Diversity
Social Justice
Mental Health
Disability



Joann Warner

Psychology
Psychological Approaches to Health
Addictions



Dave Miller

Social Work
Assisted Technology
Child Protection
Youth Justice



Kirsten Stevens-Wood

Youth and Community
Intentional Communities
Community Development
Sociology

2. Pre-Entry Summer Tasks

Arriving at university and starting a new course of study is both exciting and potentially daunting for everyone. To try and make the start of your student journey a bit smoother we have come up with a few suggestions of some activities you should do to better prepare you for the start of the course. Do not worry or think of this as homework, these are things that you will hopefully enjoy and give you some background knowledge that will help you hit the ground running this autumn.

Read the Newspapers and Watch the News

Read a quality newspaper. Avoid tabloids like The Sun, The Mirror, or The Daily Mail. Think big and difficult to fold! The Guardian on a Wednesday is good as it has the Society section, which is all about current issues, policy, comment on health and social care issues. This is also available on The Guardian website - free. Saturday and Sunday papers are also good as they tend to cover all the events from the week just gone.

If you are wanting something specific to look out for in the news, you should look to follow what is going on with respect to COVID 19. Look at what is being said about the virus for instance epidemiological factors or demographic disparities such as ethnicity, age, and class. Look at how what we 'know' about the disease has changed over time, and continues to change, and what this means. More specifically follow the issues faced by the social care sector, look at the changes made to the law and its implications on our lives. It would be good for you to be able to draw comparisons between Wales, England, the UK as a whole, and the rest of the world.

Read Novels and Watch Films

The news and newspapers are not the only places you can learn about how we think about the world. Popular culture can be an accessible and enjoyable way to get a basic introduction to many topics. Obviously if you want to know more about a topic you should head to the library when you arrive at Cardiff Met, but novels and films are a great place to start. And let's be honest, it is sometimes more appealing to sit on the sofa with a good book or munching popcorn in front of the TV than sitting at your desk. And we will make sure you have plenty of desk time once you arrive in the autumn.

To give you a little inspiration we have created a list of some good novels and films that touch on some of the subjects and themes that you will cover in your Health and Social Care degree. We do not expect you to read them all...or watch all of the films...but feel free to explore a few of these. We think you will appreciate them.

And if you have some books or movies about the issues you care about that you already know and love please let us know about them during induction week!

Novels

- Eleanor Oliphant Is Completely Fine by Gail Honeyman
- Girl Interrupted by Susanna Kaysan
- The Children Act by Ian McEwan
- White Teeth by Zadie Smith
- The Curious Incident of the Dog in the Night Time by Mark Haddon
- I Will Never See the World Again by Ahmet Altan
- *The Diving Bell and the Butterfly* by Jean-Dominique Bauby
- *The Bluest Eye* by Toni Morrison
- Why I'm No Longer Talking to White People About Race Reni Eddo-Lodge



- *Heavy: An American Memoir* by Kiese Laymon
- *One Flew Over the Cuckoo's Nest* by Ken Kesey
- *Call Me By Your Name* by André Aciman
- *The Color Purple* by Alice Walker
- *Never Let Me Go* by Kazuo Ishiguro
- *1984* by George Orwell
- *I Am Legend* by Richard Matheson

Films

- *Still Alice* (2014)
- *The Color Purple* (1985)
- *The Diving Bell and the Butterfly* (2007)
- *The Children Act* (2017)
- *The Theory of Everything* (2014)
- *Silver Linings Playbook* (2012)
- *Philadelphia* (1993)
- *World's Greatest Dad* (2009)
- *Cake* (2014)
- *Little Miss Sunshine* (2006)
- *The Arbor* (2010)
- **Tyrannosaur (2011)**
- *Requiem For a Dream* (2010)
- *Detroit* (2017)
- *I Daniel Blake* (2016)
- *Moonlight* (2016)
- *Contagion* (2011)

And finally if you are really eager... Read some Textbooks

If you wish to prepare by reading some of the material that you will be using in your degree over the next few years, then you should have a look at the following texts. We use them in our modules, so it will give you a taste of what to expect...and means you will walk into the classroom knowing a thing or two, about a thing or two.

Some Key Texts:

- Conradi, L. and Golding, T. (2013) *The Short Guide to Working with Children and Young People*. Bristol: Policy Press
- Beckett, C. and Taylor, H. (2016) *Human growth and Development*. 3rd Ed. London: Sage.
- Bryman, A. (2012) *Social Research Methods*, OUP Oxford. 4th edition
- Barry and Yuill. (2016) *Understanding the Sociology of Health*. 4th edition
- Johnson, J. and De Souza, C. eds. (2008). *Understanding Health and Social Care: An Introductory Reader*. London, UK: Sage.
- Cottrell, S. (2010), *The Study Skills Handbook*, (3rd edition), Palgrave Macmillan, Basingstoke.
- Jasper, M. (2003), *Beginning Reflective Practice*, Nelson Thornes Ltd., Cheltenham



3. Enrolment / Student MetCard Collection

Enrolment is an important process which confirms your status as a Student.

You can complete the online self-enrolment process from any computer through our Self Service system. Please note that in order to self-enrol; your status must be Unconditional Firm (UF).

You will receive an email notifying you when you are eligible to enrol online. The email will direct you to a password reset facility in order to request a password to be able to login and complete the enrolment process. For information and guidance on this process please make sure you visit our enrolment page – www.cardiffmet.ac.uk/enrolment.

This process is essential in that it will allow you access to your student loan (if applied for), payment of fees, Cardiff Met's IT systems and importantly enable you to obtain your Student MetCard.

You will also receive your Programme Handbook during your Induction Week. The Programme Handbook is a vital manual through the Programme and should be retained for usage throughout your course of study. Each academic year, additional information relating to that level will be provided. The Handbook offers guidance on Rules, Regulations and Procedures; and guidance on learning for practice with information on all modules to be undertaken and reading lists.

Enrolment for International Students from outside the EU

If you are an international student (from outside the EU) you will be required to submit some documentation before receiving approval to enrol online. For more information about international student enrolment and a list of documents you will need to submit, please access the [international student pages](#) or contact the Immigration Compliance Team at immigrationregs@cardiffmet.ac.uk.

Library & Information Services

You will have access to Cardiff Met's Library & Information Services soon after completing your online enrolment. A confirmation email will be sent to you with your Cardiff Met login details. To see the facilities and services available, please refer to www.cardiffmet.ac.uk/library.

Your Student MetCard

Your MetCard gives you access to all main campus buildings and doors. You can also add money to your MetCard to be able to access and pay at the self-service printers, copiers and Print Studio services. For further benefits of MetCard please click [here](#).

Fees

Tuition fees for full-time undergraduate degrees, and full-time Masters programmes for September 2020 entry have been set at £9,000 per year. For further information on tuition fees, please refer to our [Fee Tables](#). If your programme has any additional costs attached to it, they will be listed on www.cardiffmet.ac.uk/additionalcosts. Please make sure you check these to make sure you are aware of any additional costs associated with your course.

Details about fees for international students (from outside the EU) can be found [here](#). You should already be aware of these costs.



4. Induction Week

Induction for all students within the School of Education and Social Policy will commence on Monday 28th September 2020. Your first term as a new student starts with Induction Week, where you will settle into your accommodation, course and student life. Your Induction Week timetable is a schedule of events designed to familiarise you with Cardiff Met, its facilities and your fellow students. You will be given the chance to attend a range of events covering your programme, library services, IT, student services and Students Union. You will also meet, and have a number of sessions, with your personal tutor to make your academic transition as smooth as possible.

In line with the programme delivery information below, the Induction week will include activities that are both synchronous (delivered at a scheduled time and led by a member of staff) and asynchronous (activities designed and set by a member of staff but completed in your own time). These activities will largely happen in online/virtual environment spread throughout the induction week; however, we are also planning activities to run on-campus where government restrictions allow.

Your events and confirmed timetable are currently being finalised and will be uploaded as a separate document on our [New Students](#) pages for you.

For those in Halls of Residence, don't forget to check out the programme offered through the [Residence Life Team](#).



5. Draft Timetable / Typical Attendance

As a first year student, you will have access to your confirmed timetable from Induction Week, which is prior to the first week of teaching.

Please note that you will need to be enrolled before you can access this information. If your place has been confirmed but you have not been notified that you can enrol, please contact Admissions on what to do next.

NB: Timetables are subject to change, right up to and including the start of term.



6. Changes to the Course due to COVID-19

Any updates to your course following the effects of COVID-19, can be found on the following webpage. Please make sure you check this page regularly for any further updates or changes, prior to starting your course:

<https://www.cardiffmet.ac.uk/study/newstudents/Pages/Programme-Updates.aspx>

Some of your induction is likely to be delivered online, sometimes using Microsoft Teams. We recommend that you download the app to your phone, or visit the website in a browser to familiarize yourself with how to use this platform.

If you do not have the facility at home to access this type of platform, or would have any difficulty in doing so, please let us know.

<https://www.microsoft.com/en-gb/microsoft-365/microsoft-teams/group-chat-software>



7. Useful links

[Timetable](#)

This link will give you access to your confirmed timetable. You need to have enrolled before you can access this link, and you will be contacted when the information is available.

[Global Engagement](#)

Advice and support for international students from outside the EU on making your visa application, living in the UK, making accommodation arrangements and taking advantage of the Airport Welcome Service. Global Engagement will provide welfare support and learning advice throughout your course. Please also refer to our frequently asked questions -

[http://www.cardiffmet.ac.uk/international/study/Pages/September-2020-FAQs-\(COVID-19\).aspx](http://www.cardiffmet.ac.uk/international/study/Pages/September-2020-FAQs-(COVID-19).aspx)

[Additional Course Costs](#)

Additional costs are the mandatory or optional expenses, additional to tuition fees that need to be paid for by students to fully participate and complete their studies. This covers such things as equipment, trips, placements and DBS checks. Each programme has different additional costs.

[Accommodation](#)

Student residential contracts will start on 28th September 2020. However, due to social distancing and to ensure the health and safety of you and our staff, arrivals for halls will be spread over a number of days the week before. Once you have received and accepted your offer of accommodation please watch out for an e mail letting you know when you will be able to move in. Please note that internet access in halls will only be available for those who have completed the enrolment process successfully. There will be a variety of events held throughout the Induction period and throughout the 1st term, information of which will be sent to you by Accommodation when confirmed.

[Student Services](#)

For help during your time with us in relation to your health, welfare, lifestyle and future career. The aim is to provide you with all the support you need to ensure your studies are as enjoyable and successful as possible. Services also include counselling, disability and chaplaincy.

[Student Finance](#)

For information on Tuition Fee Loans and Maintenance Loans, non-repayable grants, bursaries and scholarships that may be available.

[Cardiff Met Sport & Facilities](#)

[Cardiff Met SU](#) including SU Societies, SU Sports Clubs and the ability to access independent advice and support

[Term Dates](#)



[Campus Maps, Bike Shelters & Met Rider](#)

Cardiff Met offers its own bus service called the Met Rider, for more information and to access the application please refer to www.cardiffmet.ac.uk/MetRider. We also have Bicycle Storage shelters on each campus, with changing and showers available. The shelters are secured and are only accessed using your MetCard when you have requested permissions via the i-zone.

[Virtual Tours](#)

Have another look around our campus and facilities with our guided virtual tours

[Student Handbook](#)

[Academic Handbook](#)

[Admissions Policy](#)

[Frequently Asked Questions](#)

[Complaints](#)

