Joining Instructions

MSc Advanced Practice

2015/16 Entry

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1. GENERAL INFORMATION

Title of Award: MSc Advanced Practice

Validating Bodies: Cardiff Metropolitan University

Type of Course: Part-time/Full time for International students on Audiology pathway Modular Course

Normal Length: Three years/18 months full time

School: Cardiff School of Health Sciences

Head of School: Professor Adrian Peters

Programme Director: Alison Nicholls

Pathway Leaders: **Audiology:** Dr Fei Zhao  
**Dietetics:** Katherine Gallimore  
**Housing:** Jane Mudd  
**Musculoskeletal Studies:** Dr Ian Mathieson  
**Public Health Emergencies:** Dr Peter Sykes  
**Speech and Language Therapy:** Dr Calum Delaney  
**Sport and Exercise Nutrition:** Katherine Gallimore
2. Welcome from the Dean
Professor Adrian Peters

The Cardiff School of Health Sciences
improving health through education and research

A very warm welcome to the Cardiff School of Health Sciences.

You will be joining a vibrant community of over 2000 students with 160 staff committed to delivering a first class education on our broad portfolio of health courses. Most of our degrees are professionally recognised allowing direct entry into your chosen profession and forming an excellent springboard for your career.

You are entering the University at an exciting time in our 150th year, following a multimillion pound investment in the Llandaff Campus that has included a £5 million development of the School’s facilities, a new Cardiff School of Art and Design, Cardiff School of Management, Learning Centre extension and Student Centre with gym facilities and excellent student support services.

The information in this pack will give you a feel for the School and the course you are joining. Please do not hesitate to contact your Programme Director if there are any questions that we have not answered.

Your time at University is important and will give you the opportunity to develop lifelong friendships and a range of skills and experiences that endure. We provide an environment in which your academic, professional and social developments thrive and Cardiff, as the capital city of Wales with a large student population, is well placed to meet all your social needs.

Finally, I look forward to welcoming you in person during Freshers’ week in September. I encourage you to play a full role in the School and take every opportunity afforded you. I am certain you will find your time at this University highly rewarding and the start of a lifelong relationship with us.
The Cardiff School of Health Sciences

improving health through education and research

The School is located on the Llandaff Campus and has four Departments offering courses at BSc and MSc level, many of which offer both an academic and professional qualification. We also offer a foundation degree, two foundation year certificates that lead to specific undergraduate programmes and a small number of Higher Certificates and Diplomas validated by BTEC/EDEXCEL. In addition to professional body accreditation our programmes are approved by the appropriate regulatory bodies including the Health Care and Professions Council, Care Council for Wales and General Dental Council where this is required.

The departments and examples of the courses they offer are detailed below:

Department of Applied Community Sciences
- Environmental Health (BSc, HND)
- Health and Social Care (BSc, HND, HNC)
- Housing (BSc, HND, HNC)
- Social Work (BSc)
- Applied Public Health (MSc)
- Food Safety Management Hong Kong (MSc)
- Occupational Health, Safety and Wellbeing (MSc)

Department of Applied Psychology
- Foundation Social Sciences (Foundation Certificate)
- Psychology (BSc)
- Forensic Psychology (MSc)
- Health Psychology (MSc)
- Practitioner in Forensic Psychology (PGD)
- Doctorate in Forensic Psychology (DForen. Psych.)

Department of Biomedical Sciences
- Foundation Health Sciences (Foundation Certificate)
- Biomedical Science (BSc, HND, MSc)
- Sports Biomedicine and Nutrition (BSc)
- Healthcare Science (Life Sciences) (BSc)

Department of Healthcare
- Complementary Therapies (BSc)
- Dental Technology (FD, BSc, MSc)
- Food Science and Technology (BSc, HND, MSc)
- Human Nutrition and Dietetics (BSc, Post Graduate Diploma, MSc)
- Podiatry (BSc)
- Public Health Nutrition (BSc)
- Speech & Language Therapy (BSc)
- Musculoskeletal Studies [Lower Limb] (MSc)
- Advanced Practice (MSc)
- Food Technology for Industry (MSc)
Each Department has a Head who sits on the School Management and Planning Team with the Deputy Dean (Learning and Teaching), Associate Dean (Research), Associate Dean (Enterprise), Associate Dean (Internationalisation) and School Business Support Manager. This team, chaired by the Dean, is responsible for the strategic and operational management of the School.

Each programme has a Programme Director, many will have year tutors and all students are assigned a Personal Tutor as part of our academic support framework. It is important that you engage with your tutor as they can signpost you to other services as required. Our students elect student representatives for each programme who make an active and important contribution to Programme Committee meetings. There are also opportunities for students to have a voice in the management of the School; through the Staff Student Liaison panel; Learning and Teaching Committees; Health and Safety Committees Whole School meetings and at a number of events across the University.

The School promotes active engagement in sport as a social exercise or competitive endeavour. Campus Sport in conjunction with the Athletics Union provide a range of intramural sports opportunities and students can access the gym in the Student Centre at Llandaff Campus, an outdoor exercise area and the excellent sporting facilities at the Cyncoed Campus, which houses the National Indoor Athletics Centre, tennis centre, gym and swimming pool.

The award winning Cardiff Met Rider bus runs a regular service between the Student Accommodation, Llandaff and Cyncoed Campuses and into the city centre.

Included in this pack is specific information for your chosen programme. For more information on our School or programme, please visit our website or contact your programme director.

**Research in the Cardiff School of Health Sciences**

The Cardiff School of Health Sciences has a strong research culture; informing your curriculum and teaching and extending knowledge and evidence base for professional practice development.

In the most recent UK wide Research Excellence Framework, (REF) 2014, 74% of our research was rated as internationally excellent or world leading. This contributed to the University’s position as top new university in the UK for research quality.

We have invested heavily in our research infrastructure with new research laboratories for biomedical science and food science and technology, a psychology research centre, health assessment suite and a post-graduate centre for our PhD students, who now number over 60
with strong research groups in Biomedical Science, Environmental Health, Food Science & Technology and Psychology with a growing number of practitioner PhDs in Dietetics, Podiatry and Speech and Language Therapy.

Our great strength is our multidisciplinary, collaborative approach and we produce world-class applied research that informs practice in Wales and beyond. For example, our work on exercise, diabetes, and healthy ageing includes collaborations between biomedical science, psychology and physiologists to better understand the complex relationships between lifestyle the ageing process and illness associated with ageing; extending our knowledge in this critically important area and influencing healthy ageing initiatives. Recent research grants awarded in this area include Welsh Government funded work on growing a healthy older population in Wales looking at the influence of gardening and allotment keeping on healthy aging and a large European funded study, Frailomics, examining biomarkers of frailty, an important indicator of health in the older population.

Research across the School is extensive and varied. For more information on our research please visit www.cardiffmet.ac.uk/cshs and follow the link to research.

**Working with Partners**

We are proud of our work with local communities, employers and industry in Wales and beyond. From developing homework clubs on science with black and minority ethnic communities in Cardiff to working with the pharmaceutical industry on drug discovery methods, we make a significant contribution to the social, cultural and economic well-being of Wales and the UK. We work in partnership with the Cardiff and Vale University Hospital Board to deliver key collaborative projects including running NHS Podiatry Clinics in our own Wales Centre for Podiatric Studies, improving patient care and clinical education for our students.

The internationally recognized Food Industry Centre based in the School is supported by the Welsh Government to engage with Welsh food manufacturers to ensure they are competitive players in the food sector. To date this has led to the development of over 100 jobs in the industry and benefitted our students with opportunities for work placements, industry projects and innovative employment in the food industry.

We work closely with industry on waste, pollution and occupational health and safety, and host one of the specialist chemical centres of Public Health England’s Centre for Radiation, Chemical and Environmental Hazards and the World Health Organisation Collaborating Centre for Public Health Management of Chemical Incidents. Staff from the School contribute to the work of a new Cardiff Met International Training Centre announced by the World Health Organisation in May 2011 in Thailand and officially launched here in April 2012.
Our role in providing lifelong learning opportunities through Continuing Personal and Professional Development is important and we have excellent relationships with employers providing a host of CPD opportunities across the School’s disciplines.

We have strong links with local authorities and the third sector, providing post qualification training for Social Workers, Continuing Professional Development (CPD) in health and social care and working closely with housing associations, including a recent Knowledge Transfer Partnership with a major local supported-housing organisation.

Our strong links with partners is key to our ability to provide you with relevant work experience placements critical to your professional development and employability.
3. PROGRAMME INFORMATION

The course will have three defined exit points:

**Postgraduate Certificate** – provides students with the foundation of knowledge and skills required to begin to develop practice as an Advanced Practitioner.

**Postgraduate Diploma** – provides students with the appropriate knowledge and skills to function as an Advanced Practitioner.

**Master of Science** – this is aimed at those students who wish to continue their academic study and undertake an extended applied research project which must be relevant to practice.

The structure of the programme is designed, where appropriate, to be flexible and meet the needs of the individual learner. Students can also study individual modules on a CPD basis.

**Programme Structure**

- Enrol onto MSc Advanced Practice

  - Study: 60 credits specific pathway modules
    - EXIT Postgraduate Certificate Advanced Practice
    - (audiology/dietetics/housing/musculoskeletal studies/public health emergencies/speech and language therapy/sport and exercise nutrition)
    - OR Study 60 credits generic option modules
    - EXIT Postgraduate Certificate Advanced Practice

  - OR Continue: core modules - 40 credits and generic option module or further module from specific pathway - 20 credits
    - EXIT Postgraduate Diploma Advanced Practice
    - (audiology/dietetics/housing/musculoskeletal studies/public health emergencies/speech and language therapy/sport and exercise nutrition)
    - OR Postgraduate Diploma in Advanced Practice

  - OR Continue: 60 credits Dissertation
    - EXIT MSc Advanced Practice (audiology/dietetics/housing/musculoskeletal studies/public health emergencies/speech and language therapy/sport and exercise nutrition)
    - OR MSc Advanced Practice
**Modules Available**

**Pathway Specific Modules**

<table>
<thead>
<tr>
<th>Pathway</th>
<th>Modules</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Audiology</strong></td>
<td>APP7008 Balance Disorders and Rehabilitation</td>
</tr>
<tr>
<td>(All modules are optional)</td>
<td>APP7009 Industrial and Environmental Audiology</td>
</tr>
<tr>
<td></td>
<td>APP7010 Paediatric Hearing Impairment</td>
</tr>
<tr>
<td></td>
<td>APP 7011 Advanced Diagnostic Audiology and Rehabilitation</td>
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<td></td>
<td>ADP 7001 Work Based Learning 1(for students on part-time route only)</td>
</tr>
<tr>
<td></td>
<td>APP7007 Teaching and Learning in the Workplace (for students on part-time route only)</td>
</tr>
<tr>
<td><strong>Dietetics</strong></td>
<td>ADP 7001 Work Based Learning 1</td>
</tr>
<tr>
<td>(All modules are optional)</td>
<td>ADP 7002 Work Based Learning 2</td>
</tr>
<tr>
<td></td>
<td>ADP 7004 Clinical Educators Course (10)</td>
</tr>
<tr>
<td></td>
<td>ADP 7005 Advanced Clinical Educators Course (10)</td>
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<tr>
<td></td>
<td>ADP 7007 Nutrition in the Older Person (NAGE Course)</td>
</tr>
<tr>
<td></td>
<td>APH 7000 Assessing Health, Wellbeing and Inequity (20)</td>
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<tr>
<td></td>
<td>APH7010 Frameworks for Public Health Intervention (30)</td>
</tr>
<tr>
<td></td>
<td>HPL 7017 Changing Health Behaviour</td>
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<tr>
<td></td>
<td>APP7007 Teaching and Learning in the Workplace</td>
</tr>
<tr>
<td></td>
<td>APP7018 Sport and Exercise Nutrition 1 (15)</td>
</tr>
<tr>
<td></td>
<td>APP7019 Sport and Exercise Nutrition 2 (15)</td>
</tr>
<tr>
<td><strong>Housing</strong></td>
<td>APP 7021 Delivering the Housing Service</td>
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<tr>
<td>The Housing pathway focuses on the core learning outcomes which set the foundations for all members to achieve CIH CM (Chartered Membership). The Chartered Institute of Housing (CIH) have set a benchmark for Chartered membership which demonstrates that a Chartered member not only has relevant and up to date knowledge but can use this by applying a range of appropriate skills and behaviours in a professional manner. This</td>
<td>APP 7022 Housing In Context</td>
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<td>APP 7023 Housing as a Business</td>
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</tbody>
</table>
includes working to the CIH code of professional ethics.

**Musculoskeletal Studies**  
(MCH7003 Core plus any 2 others for PG Certificate, remaining module as optional module for PG Diploma)

The Musculoskeletal Studies pathway is aimed at HCPC registered practitioners – or equivalent – who are involved in the management of lower limb musculoskeletal conditions across a range of patient groups. This has typically included Podiatrists and Physiotherapists. A key feature is the emphasis on developing an evidence-based approach to practice, and students are challenged to critically analyse a range of issues related to multiple facets of musculoskeletal practice.

**MCH 7003 Work Based Learning 1: Musculoskeletal Examination and Diagnosis**  
MCH7004 Pathological basis of musculoskeletal disorders  
MCH7011Sports Biomechanics and Injury Management  
MCH7006 Work Based Learning 2: Musculoskeletal Therapeutics  
APP7007 Teaching and Learning in the Workplace

**Public Health Emergencies**

The School has worked with the WHO-Collaborating Centre (Centre for Radiation, Chemicals and Environmental Hazards, Public Health England) to develop teaching and training materials on The Public Health Management of Major Incidents, Disasters and Events. The pathway is aimed at policy makers, public and environmental-health professionals, together with clinicians and physicians, this course will provide a contemporary, bespoke and unique approaches to major incident management, drawing upon a number of presentations, case studies, scenarios and international guidance.

**APP 7012 Preventing, Planning and Preparing for- Major Incidents and Events**  
APP 7013 Practical evaluation of Major Environmental Incidents and Events  
APP 7014 Managing a Major Incident: Public Health Response & Recovery

**Speech and Language Therapy**  
(All modules are optional)

The Speech and Language pathway is intended to support and promote continuing professional development of Speech and Language Therapists and their practice. As such, it will help meet the needs of those wishing to progress and evidence their ability to work at Advanced Practitioner level in the NHS.

**APP 7010 Paediatric Hearing Impairment**  
APP 7015 Clinical Decision Making  
APP 7016 Advanced Clinical Phonology  
ADP 7001 Work Based Learning 1  
ADP 7002 Work Based Learning 2  
APP 7005 Neuro Linguistic Programming  
APP7007 Teaching and Learning in the Workplace
There is a demand for this pathway from Dietitians, Nutritionists and those with a Sport and Exercise Science background. The modules on offer have been aligned to the SENr requirements and accreditation will be sought in the future.

**Sport and Exercise Nutrition**

<table>
<thead>
<tr>
<th>Module</th>
<th>Credit Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>APP 7017 Exercise Physiology (15)</td>
<td>15</td>
</tr>
<tr>
<td>APP 7018 Sport and Exercise Nutrition 1 (15)</td>
<td>15</td>
</tr>
<tr>
<td>APP 7019 Sport and Exercise Nutrition 2 (15)</td>
<td>15</td>
</tr>
<tr>
<td>APP 7020 Professional Practice (15)</td>
<td>15</td>
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</tbody>
</table>

### Core Modules

**For PG Diploma award**

<table>
<thead>
<tr>
<th>Module</th>
<th>Credit Value</th>
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</thead>
<tbody>
<tr>
<td>SHS7000 Applied Research Methods and Design</td>
<td>20</td>
</tr>
<tr>
<td>APP7003 Evidence Based Practice</td>
<td>10</td>
</tr>
<tr>
<td>APP7002 Reflection for Advanced Professional Practice</td>
<td>10</td>
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</tbody>
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**For MSc award**

<table>
<thead>
<tr>
<th>Module</th>
<th>Credit Value</th>
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<tbody>
<tr>
<td>APP7004 Dissertation</td>
<td>60</td>
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### Generic Option Modules

<table>
<thead>
<tr>
<th>Title</th>
<th>Credit Value</th>
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<tbody>
<tr>
<td>ADP7001 Work Based Learning 1</td>
<td>20</td>
</tr>
<tr>
<td>ADP 7002 Work Based Learning 2</td>
<td>20</td>
</tr>
<tr>
<td>APH7000 Assessing Health, Wellbeing and Inequity</td>
<td>20</td>
</tr>
<tr>
<td>APH7001 Health Risk Perception &amp; Communication</td>
<td>10</td>
</tr>
<tr>
<td>APH7003 Public Health Policy Development</td>
<td>10</td>
</tr>
<tr>
<td>APH7008 Health Protection</td>
<td>20</td>
</tr>
<tr>
<td>APH7010 Frameworks for Public Health Intervention</td>
<td>30</td>
</tr>
<tr>
<td>HPL 7017 Changing Health Behaviour</td>
<td>20</td>
</tr>
<tr>
<td>APP7005 Neuro Linguistic Programming</td>
<td>20</td>
</tr>
<tr>
<td>APP7006 Reflection on Prior Learning</td>
<td>20</td>
</tr>
<tr>
<td>APP7007 Teaching and Learning in the Workplace</td>
<td>20</td>
</tr>
<tr>
<td>APP 7015 Clinical Decision Making</td>
<td>20</td>
</tr>
<tr>
<td>APP 7024 Strategic Leadership and Management</td>
<td>20</td>
</tr>
</tbody>
</table>
Additional Information

All students are required to keep a personal development journal. This is discussed at regular intervals with your personal tutor and goals are agreed. Each student is expected to demonstrate self-development during the course.

3.2 How the Programme is Managed

The Programme Director is responsible for the overall planning and day-to-day running of the entire course.

Pathway Leaders are responsible for their specific pathways and give specific support to their students to ensure a coherent student experience.

Module Leaders are responsible for their particular module: what is taught, how it is taught and how it is assessed.

Each student is allocated a personal tutor who will arrange regular meetings. These provide an opportunity to discuss any general issues, both academic and non-academic, which you wish to talk about. The personal portfolio is also discussed at these meetings.

3.3 Student Consultations

The views of the students are very important in the operation and monitoring of the course. To enable the programme team to obtain these views, each year group is represented by a student member of the cohort. They act as spokesperson for the group, and may also be asked to provide the group with information from members of staff. They are also members of the Programme Committee which meets three a year, and which is responsible for the academic issues relating to the course.

Student representatives are asked to give a report from their year group at the meeting.

Further information from students about the operation of the programme is collected via questionnaires issued at the end of each year. These are summarised by the Programme Director and form part of the Annual Programme Monitoring Report. Any actions which are required as a result of the consultations are implemented and also monitored through this system.
3.4 How the Programme Team Will Help You to Learn

A wide variety of teaching and learning strategies are used in the programme. These include lectures, tutorials, workshops, seminars, team learning and the Work Based Learning modules.

Lectures convey information to students, and are interactive. Tutorials are an opportunity to work in small groups in order to expand and consolidate course material.

Seminars are opportunities for student centred learning. They provide the students with a forum to practise team work and communication skills.

Workshops, case studies and team projects provide further experience of reflective thinking and critical evaluation.

Throughout all of these teaching and learning processes, students are supported by the subject tutors, and resources from the library.

The library provides access to a large range of learning technology, which offers students the opportunity to use many on-line data sources. An interactive ‘Study Skills’ support package is available.

There is also a specialist computer laboratory, which allows students access to the latest computer packages and the World Wide Web.

3.5 Methods of Assessment

Each module you undertake is assessed. All examinations and course work (where appropriate) are anonymised. This helps to provide equality of opportunity which is a key element of Cardiff Met teaching policies.

The nature of the assessment will vary according to the subject, and the aims and objectives of the module.

A wide variety of methods are used to assess students. These include:

- Portfolios;
- Essays;
- Problem solving practical reports;
- Case studies;
- Oral presentations;
- Critical assessments of published work.

Details of the Assessment Regulations will be given to you at the beginning of the course.
3.6 Codes of Conduct Pertaining to the Programme - What is Expected of You

Students are expected to comply with all of the General Regulations of the University, together with Cardiff Met Health and Safety Regulations. In addition, all members of the University are expected to comply with the policies on Equal Opportunities and Harassment.

3.7 Programme Related Expenses

Books:

There is no need to purchase books before the beginning of the programme. You will be given details of which textbooks you require as lectures commence.

Photocopying and Printing:

Students are responsible for the cost of any photocopying which they require as part of their studies. Cards may be purchased in the Library to use in the copying machines. There is also a Print Studio on site in Llandaff which carries out copying on request at a reasonable charge.

Printing from the computers within Cardiff Met will also be subject to a charge.
4. **TERM DATES AND ENROLMENT**

The Academic year dates for 2015/2016 are as follows:-

**Induction**  
*Induction* w/c 21st September, date to be confirmed

**Autumn Term**  
Monday 28th September 2015 – Friday 11th December 2015

**Spring Term**  
Monday 11th January 2016 – Friday 18th March 2016

**Summer Term**  
Monday 11th April 2016 – Friday 10th June 2016

**Online Enrolment**

Enrolment is an important process that confirms your status as a Cardiff Met Student. You can complete the online self enrolment process from any computer through our Self Service system from 1st September 2015. If you applied through Self Service you will already have the necessary login details for self enrolment, otherwise these will be sent to you via email.

Please note that in order to self enrol your status with Cardiff Met must be Unconditional Firm (UF).

To begin your enrolment process, please visit [www.cardiffmet.ac.uk/enrolment](http://www.cardiffmet.ac.uk/enrolment). Step-by-step guidance is provided. This process is essential in that it allows you access to payment of fees, programme information systems, and enables you to obtain your Student ID Card during Induction.