

# Connecting with Your Feedback



## Students' top 10 tips on how to make the most of your feedback

We asked students to give us their top tips for making the most of feedback and here is what they said:

1. Actively seek opportunities to receive feedback e.g. from your peers, through in-class discussions and tutorials.
2. Feedback from fellow students can be very useful, but be sure to choose people who will give you honest and useful advice, not just tell you you're great!
3. Don't take feedback personally, or as an insult. Recognising your weaknesses as well as your strengths is an important part of developing your learning.
4. Be interactive and have a good relationship with your tutors.
5. Read/listen to your feedback and clarify anything you do not understand.
6. Split feedback into chunks and identify where in your work the comments apply. It can be difficult to digest feedback when you look at it all together and in isolation from your work.
7. Feedback is for your own benefit so try to internalise it and make use of it.
8. Be as organised as possible. Keep your feedback in one place so that you can easily find and re-visit it whenever necessary.
9. Make lists of the feedback you receive and create action plans detailing how you will apply it in the future.
10. Attend all available tutorials as these provide a useful opportunity to discuss your progress and gain some extra feedback.



## FEEDING FORWARD: A process to help you make the most of your feedback

### Prepare for it

- \* Find out what kinds of feedback you will receive on the programme (e.g. written, verbal, audio) and who you will get feedback from (e.g. tutors, mentors, peers).
- \* Make a note of your assignment deadlines and when you will receive feedback using the calendar.
- \* Attend all scheduled teaching sessions and tutorials - don't miss out on useful assessment information and feedback opportunities.



### Engage with it

- \* When you receive feedback, make sure you read/listen to it carefully.
- \* Make a note of any verbal feedback you receive so that you don't forget about it. If possible, record feedback discussions so you won't miss anything.
- \* Discuss your feedback with peers and compare comments - you might learn something new from one another's feedback.



### Understand it

- \* Rephrase feedback comments in your own words.
- \* Go through your feedback and identify where in your work it applies and how the comments relate to assessment criteria.
- \* If you are not sure what the feedback means, ask for clarification. Your tutors want you to succeed so don't be afraid to ask!



### Reflect on it

- \* Think about what you are doing well and what areas of your work you need to work on.
- \* Consider what you would do differently next time in order to improve your learning and performance.
- \* Identify recurring feedback (similar comments, frequent mistakes) and think about what you need to do to address these.



### Act on it

- \* Incorporate your feedback into your personal development plans where possible.
- \* Identify how your feedback can be applied to future assessment tasks and across different modules. Self-assess.
- \* Before submitting your work, read through it carefully and check that you have answered the question, met assessment criteria and addressed previous feedback.



# NEWSFLASH: Feedback is key to your development!

'Feedback is argued to be one of the most influential factors in the improvement of student achievement' - The Cardiff Metropolitan University Learning, Teaching and Assessment Strategy.



**Tutor Tips! Common mistakes students make and advice from tutors on using feedback effectively.**



This poster includes QR codes which will take you to extra videos and information to help you make the most of your feedback. You will need a QR code reader on your smart device in order to do this.

## Would I lie to you?

<b>TRUTH</b>	Feedback is a learning opportunity! It's about giving you ideas and guidance to help you develop and progress.	<b>MYTH</b>	Feedback is retrospective. The truth is that feedback can be applied to future tasks and across many modules.
<b>TRUTH</b>	Feedback can be informal (e.g. day-to-day encounters with tutors or peers) as well as formal (e.g. part of a written or clinical assessment).	<b>MYTH</b>	Feedback is just there to justify your grade... It is also there to help you move forward and develop your learning.
<b>TRUTH</b>	Feedback is about giving you ideas about how to improve your learning style and practice.	<b>MYTH</b>	Feedback is about telling you what to do and how to do it. In reality, it's about challenging, supporting and motivating you to enhance your learning and identify how you can best do this.
<b>TRUTH</b>	Feedback is about dialogue and interaction, not a one-way communication.	<b>MYTH</b>	Feedback only comes from tutors. You are likely to receive feedback from lots of different people, e.g. fellow students, mentors, Careers and library staff.
<b>TRUTH</b>	Feedback comes in many forms including: written or verbal comments, audio (e.g. in an MP3 file), online (e.g. automated quiz feedback, discussion boards, wikis, etc.), through class discussion and one-to-one conversations.	<b>MYTH</b>	Your grade is more important than your feedback... Grades will help you to understand how well you performed on a particular task, but your feedback will help you to recognise what you need to do to get an even better mark next time.



## My Assessment & Feedback Calendar

AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER	JANUARY
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