



Cardiff
Metropolitan
University

Prifysgol
Metropolitan
Caerdydd

Dear Intercalated Student

Important Information for Induction Week 2018

It is my pleasure to formally welcome you onto the BSc (Hons) Sport and Exercise Science (Intercalated) programme within Cardiff School of Sport and Health Sciences at Cardiff Metropolitan University. The purpose of this letter is to provide some information related to your induction onto the programme and some key dates for your diary.

Induction week begins on Monday 17th September 2018. There are many activities taking place during the week with full detail available via the [new student webpage](#). You specifically may wish to attend the Fresher's fayre on Wednesday 19th September in the National Indoor Athletics Centre (NIAC) on the Cyncoed campus. This will be an opportunity to meet with the Student Union and find out about the sport and social activities that are available as well as the Professional Services who are able to support your time at Cardiff Met. You should also be aware that you will also have a **meeting with your Year Tutor and fellow students on Thursday 20th September 2018 13:00-15:00 in C1.11 (LT2), Cyncoed campus.**

As part of the induction process, I would like to arrange a one-to-one meeting with you, and request that you **contact me via email (details below) prior to Friday 7th September 2018** to make these arrangements. This will be a valuable opportunity to discuss the programme, optional modules and specific plans for induction week. It is especially important that we begin to make plans for your Independent Project module.

For your information, please find below:

- a) Year 3 Pathway Map to provide an overview of your course structure.
- b) [Link to the Term dates and teaching weeks for 2018-19](#)
- c) A link to order Kit. Please click on this link to access the [Cardiff Met Online Shop](#) to order your kit. Please note that all School of Sport and Health Science students receive a standard "[kit pack](#)" for free and additional kit must be paid for. Further details are available via the link and all kit will be collected during Induction Week.

You should also take note of the enrolment requirements on the [new student webpage](#) and make sure that you bring the relevant documentation with you. If you have any other questions about beginning your studies here, please do not hesitate to contact me.

Yours sincerely

Michael G Hughes, PhD

Programme director, BSc (Hons) Sport & Exercise Science (intercalated)

Senior Lecturer in Sport & Exercise Physiology

Cardiff School of Sport

Tel: 029 2020 5812

mghughes@cardiffmet.ac.uk

BSc (Hons) Intercalated Sport & Exercise Science 2018-19

LEVEL 6 – PATHWAY MAP

Module Title	Module Number	Credit Value	Level	Compulsory / Optional	Term
Compulsory:					
Independent Project (Traethawd Estynedig)	SSP6000 (SSP6900)	40	6	C	1,2 & 3
Biomechanics of Sport and Exercise	SSP6012	20	6	C	1,2 & 3
Options Choose 3 modules (i.e., 60 credits) from 4:					
Exercise Psychology	SSP6013	20	6	O	1,2 & 3
Sport Psychology	SSP6014	20	6	O	1,2 & 3
Advanced Exercise Physiology and Health (Ffisioleg Ymarfer ar gyfer Iechyd)	SSP6015 (SSP6915)	20	6	O	1,2 & 3
Advanced Physiology of Sport	SSP6016	20	6	O	1,2 & 3

Green module details denote a module that is available through Welsh language if you elect to do so.

A full year requires a total of 120 credits