COURSE JOINING INFORMATION

BSc (Hons) SPORT COACHING

CARDIFF SCHOOL OF SPORT AND HEALTH SCIENCES

Welcome & Enrolment Information

Academic Year 2021/2022

CardiffMet

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1. Welcome from your Teaching Team

We are delighted that you are coming to join us in September as part of the BSc (Hons) Sport Coaching SC) programme ~~(SC)~~ and I hope you are as excited as we are to get going in September! On behalf of your programme team, I would like to welcome you to the start of your undergraduate studies here within the Cardiff School of Sport and Health Sciences at Cardiff Metropolitan University. The sport programmes within the School constitute one of the largest and most comprehensive set of sport-related undergraduate courses in the UK, and as a consequence offers rich and diverse experiences and opportunities for all students to shape their future careers.

The BSc (Hons) Sport Coaching programme aims to develop your understanding of the dynamic and complex interactions which exist within the coaching environment. The programme will provide you with an insightful awareness of how theory from a range of areas can both inform and be informed by practice in order to develop your critical and innovative problem-solving abilities. You will be provided with opportunities throughout the course to apply and explore your knowledge of coaching in practice and combine it with that gained from other areas such as sport science, ethics, sociocultural studies and performance analysis.

The programme is delivered and managed by experienced academics with a wealth of research and applied experience, including professionally-recognised qualifications; all of which enrich and enhance the experience that you have with us as a student. As a teaching team we very much hope that you enjoy your time with us, taking the opportunity to develop lifelong friendships with peers on the programme and embracing opportunities that are available to you to develop academically, personally and professionally.

All of us have felt the impact of the COVID-19 pandemic, and at Cardiff Met we have always put the welfare and well-being of our students and staff at the forefront of our decision making, both now and as we plan for the future. There are more details later in this joining pack that outline the plans for our provision for the 2021-2022 academic year. Our plans continue to be developed as the guidance from the UK and Welsh Government is updated, and we will keep you updated with any changes along the way. In addition to your academic studies, we are also planning to offer a diverse range of sport, health and well-being activities through both Cardiff Met Sport and the Students' Union.

Finally, welcome to Cardiff, our exciting capital city of culture and sport. We hope that all the diverse national and international sporting as well as cultural events will be up and running in the near future so you can enjoy everything Cardiff has to offer! Should you need a change of scene from the city, wonderful countryside and seaside are never far away!

We are delighted that you have chosen us for the next step in your career and we hope that your experience on the BSc (Hons) Sport Coaching programme lives up to expectation.

See you in September!

Dr Andy Lane
Programme Director
BSc (Hons) Sport Coaching

2. Pre-Entry Summer Tasks

There are no required pre-entry summer tasks for the Sport Coaching programme; however, if you want to do some further pre-reading, then a list of suggested reading from the key modules within the programme is provided below. There are copies of all of these books in the Cardiff Met Library, and any links to e-books will be available via the Cardiff Met Library search function called MetSearch once you have enrolled.

Cassidy, T., Jones, R., & Potrac, P. (2015) (Eds). Understanding sports coaching: the social, cultural and pedagogical foundations of coaching practice. 3rd ed. London: Routlege. [E-book available via MetSearch]

Jones, R. L. (2019) Studies in Sports Coaching. London, UK: Cambridge Scholars Publishers. [E-book available via metsearch]

Nelson, L., Groom, R. &. Potrac, P. (2016). Learning in sports coaching: Theory and application. London: Routledge. [E-book available via MetSearch]

Jones, R. & Kingston, K. (2013). An Introduction to Sports Coaching: Connecting Theory to Practice (2nd Ed.). London, UK: Routledge. [E-book available via MetSearch]

Professional Body Membership and Web Sites

Below is a list of professional body websites that you might wish to visit to gain further knowledge of the Sport Coaching industry, accreditations and career opportunities.

The Chartered Institute for the Management of Sport and Physical Activity www.cimspa.co.uk

UK Coaching www.ukcoaching.org

Sport Kit Order

Once you have enrolled online, you will be sent information about ordering Cardiff School of Sport and Health Sciences sport kit. This kit is an optional purchase for all students, with a diverse product range to choose from. Please ensure you enrol ASAP to receive information about how to order the optional sport kit from our approved supplier.

3. Enrolment / Student MetCard Collection

Enrolment is an important process which confirms your status as a Student.
You can complete the online self-enrolment process from any computer through our Self Service system. Please note that in order to self-enrol; your status must be Unconditional Firm (UF).

You will receive an email notifying you when you are eligible to enrol online. The email will direct you to a password reset facility in order to request a password to be able to login and complete the enrolment process. For information and guidance on this process please make sure you visit our enrolment page – www.cardiffmet.ac.uk/enrolment.

This process is essential in that it will allow you access to your student loan (if applied for), payment of fees, Cardiff Met's IT systems and importantly enable you to obtain your Student MetCard.

You will also receive your Programme Handbook during your Welcome Week. The Programme Handbook is a vital manual through the Programme and should be retained for usage throughout your course of study. Each academic year, additional information relating to that level will be provided. The Handbook offers guidance on Rules, Regulations and Procedures; and guidance on learning for practice with information on all modules to be undertaken and reading lists.

Enrolment for International Students
If you are an international student you will be required to submit some documentation before receiving approval to enrol online. For more information about international student enrolment and a list of documents you will need to submit, please access the international student pages or contact the Immigration Compliance Team at immigrationregs@cardiffmet.ac.uk.

Library & Information Services
You will have access to Cardiff Met's Library & Information Services soon after completing your online enrolment. A confirmation email will be sent to you with your Cardiff Met login details. To see the facilities and services available, please refer to www.cardiffmet.ac.uk/library.

Your Student MetCard
Your MetCard gives you access to all main campus buildings and doors. You can also add money to your MetCard to be able to access and pay at the self-service printers, copiers and Print Studio services. For further benefits of MetCard please click here.

Fees
Tuition fees for Home students for full-time undergraduate degrees, and full-time Masters programmes for September 2021 entry have been set at £9,000 per year. For further information on tuition fees, please refer to our Fee Tables. If your programme has any additional costs attached to it, they will be listed on www.cardiffmet.ac.uk/additionalcosts. Please make sure you check these to make sure you are aware of any additional costs associated with your course.

Details about fees for international students can be found here. You should already be aware of these costs.

4. Welcome Week

Welcome Week for all students within the School of Sport and Health Sciences will commence on Monday 20th September 2021. Your first term as a new student starts with Welcome Week, where you will settle into your accommodation, course and student life. Your Welcome Week timetable is a schedule of events designed to familiarise you with Cardiff Met, its facilities and your fellow students. You will be given the chance to attend a range of events covering your programme, library services, IT, student services and Students Union. You will also meet, and have a number of sessions, with your personal tutor to make your academic transition as smooth as possible.

In line with the programme delivery information below, welcome week will include activities that are both synchronous (delivered at a scheduled time and led by a member of staff) and asynchronous (activities designed and set by a member of staff but completed in your own time). These activities will largely happen in online/ virtual environment spread throughout the welcome week; however, we are also planning activities to run on-campus where government restrictions allow.

Your events and confirmed welcome week timetable is currently being finalised and will be uploaded as a separate document on our New Students pages for you.

For those in Halls of Residence, don't forget to check out the programme offered through the Residence Life Team.

5. Draft Timetable / Typical Attendance

As we look forward to welcoming you in the new academic year, we wanted to reassure you that your safety, well-being and learning experience will be our top priorities.

Whilst there remains uncertainty as to how the pandemic will develop and what restrictions might be in place in September, we have planned for a combination of on-campus and online learning that encapsulates the best of what each mode can deliver.

What we have learned over the past academic year is which learning activities have to be conducted on-campus, which are better on-campus and which work most effectively online.

One message we have heard loud and clear from students is that on campus activity is an essential part of the overall learning experience. We are designing your programme schedules accordingly.

On the days we will require you to come to campus, you will have a schedule of activity that makes your attendance and effort worthwhile. We want to ensure that as well as being safe, your face-to-face campus experience will be memorable, meaningful and interactive.

Your on-campus learning will be supported by online activities that provide you greater flexibility about where and when you learn, allowing you to fit your studies around your other activities and work.

Through this approach, we're listening to what students have told us has worked for them. Many have highlighted the benefits of engaging with lecture-style materials online – where it is recorded, can be re-watched, rewound or even played at different speeds!

In taking this approach, we are better able to prioritise the on campus smaller group practicals and seminars that might require specialist equipment, supervision, discussion and collaboration. And it is through this carefully designed blended approach, which makes the best of the on-campus and the online, that we will build your learning communities and support an active approach to your learning.

On-campus, face coverings, new outdoor meeting areas, one-way systems, smaller class sizes, enhanced cleaning routines and regular testing facilities have helped keep students, staff and visitors safe this year.

Building on this, new flexible spaces will be introduced across both campuses from September, including communal spaces for study and socialising, complete with light meal preparation facilities and flexible spaces for formal and informal learning and teaching.

We look forward to welcoming you in the Autumn term, both online and on campus safely.

All the latest news, events and information for students is available for returning or enrolled students on MetCentral, the student homepage, or for new students by visiting www.cardiffmet.ac.uk/whattoexpect.

6. Changes to the Course due to COVID-19

Any updates to your course following the effects of COVID-19, can be found on the following webpage. Please make sure you check this page regularly for any further updates or changes, prior to starting your course;

https://www.cardiffmet.ac.uk/study/newstudents/Pages/Programme-Updates.aspx

Some of your welcome week is likely to be delivered online, sometimes using Microsoft Teams. We recommend that you download the app to your phone, or visit the website in a browser to familiarize yourself with how to use this platform.

If you do not have the facility at home to access this type of platform, or would have any difficulty in doing so, please let us know.

https://www.microsoft.com/en-gb/microsoft-365/microsoft-teams/group-chat-software

7. Useful links

Timetable
This link will give you access to your confirmed timetable. You need to have enrolled before you can access this link, and you will be contacted when the information is available.

Global Engagement
Advice and support for international students on making your visa application, living in the UK, making accommodation arrangements and taking advantage of the Airport Welcome Service. Global Engagement will provide welfare support and learning advice throughout your course. Please also refer to our frequently asked questions -
https://www.cardiffmet.ac.uk/international/study/Pages/default.aspx

Additional Course Costs
Additional costs are the mandatory or optional expenses, additional to tuition fees that need to be paid for by students to fully participate and complete their studies. This covers such things as equipment, trips, placements and DBS checks. Each programme has different additional costs.

Accommodation
Student residential contracts will start on 20th September 2021. However, due to social distancing and to ensure the health and safety of you and our staff, arrivals for halls will be spread over a number of days the week before. Once you have received and accepted your offer of accommodation please watch out for an e-mail letting you know when you will be able to move in. Please note that internet access in halls will only be available for those who have completed the enrolment process successfully. There will be a variety of events held throughout Welcome Week and throughout the 1st term, information of which will be sent to you by Accommodation when confirmed.

Student Services
For help during your time with us in relation to your health, welfare, lifestyle and future career. The aim is to provide you with all the support you need to ensure your studies are as enjoyable and successful as possible. Services also include counselling, disability and chaplaincy.

Student Finance
For information on Tuition Fee Loans and Maintenance Loans, non-repayable grants, bursaries and scholarships that may be available.

Cardiff Met Sport & Facilities

Cardiff Met SU *including SU Societies, SU Sports Clubs and the ability to access independent advice and support*

Term Dates

Campus Maps and Bike Shelters

We have Bicycle Storage shelters on each campus, with changing and showers available. The shelters are secured and are only accessed using your MetCard when you have requested permissions via the i-zone.

Sustainability at Cardiff Met

Studying through the medium of Welsh
Find out which modules you can choose to study through the medium of Welsh on your course. You may then also be eligible for a bursary via Coleg Cymraeg Cenedlaethol.

Virtual Tours
Have another look around our campus and facilities with our guided virtual tours.

Student Handbook

Academic Handbook

Admissions Policy

Frequently Asked Questions

Complaints

Accessing IT systems Once you have completed your enrolment online, you will be able to access all the relevant IT systems you will need throughout your student journey. Please refer to our IT Services for more information.

Met Central
Your central point as a student at Cardiff Met to stay up to date with all the latest news and events, as well as quick access to all the useful sites and tools.

COVID-19 Vaccinations

We're encouraging all of our students to have the Covid-19 vaccine as soon as possible. It's one of the things we can all do to help prevent the spread of the disease, keep each other safe and help us all return to our normal lives.

-If you are a Cardiff resident and have yet to receive the first dose of the Covid-19 vaccination, we recommend you visit the Bayside Mass Vaccination Centre which is situated in the old Toys R Us Building. The centre is operating as a walk-in service, offering first doses of the Covid-19 vaccination every weekend between 8am and 4pm for anyone over 18 who lives, studies or works in Cardiff.

-If you are moving to Cardiff to study with us for the new academic year and have yet to receive your first dose of the Covid-19 vaccine, we suggest you check with your local GP about getting the first dose before you move. If it is unavailable to you, you should attend the Bayside Mass Vaccination Centre as soon as you arrive in Cardiff.

-We also advise all our students living in Cardiff to register with a GP. Once you've moved, you can register using our Cardiff GP Registration form.

More Information:

Public Health Wales

NHS England

Northern Ireland

Scotland